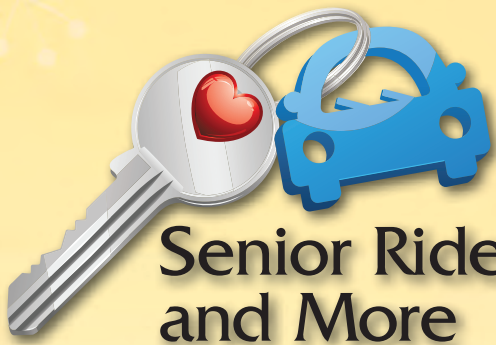




**Senior Rides
and More**

Newsletter

December 2025

MISSION STATEMENT

Senior Rides and More is a faith-based nonprofit whose mission is to promote senior independent living, health, and safety by providing free transportation and other services.

From the Desk of the Executive Director

2025–It's Been an Amazing Year!

by Debby Posso, Executive Director

I speak from the heart when I say that this has been a phenomenal year for Senior Rides and More. And yet it seems the future of nonprofits has never been more uncertain. Don't worry, we are not going anywhere! I speak on behalf of many nonprofit organizations that are experiencing the same concern about the economy, the surprising withdrawal of grant funding by the federal government, and the rising cost of living that affects not only our mission to serve but also the day-to-day lives of our clients.

Fortunately, Senior Rides and More had an outstanding year with grants and donations. We also had a year of continuous calls for service and information that surpassed even last year (which was a record year). My dream is that the needs we are trying to meet and the funding we require to maintain our rapid growth will forever stay aligned.

In 2022, over 700 seniors benefited from this program; we provided more than 4,100 transportation events, and LYFT was used for at least 30% of our transportation requests. It took us 28 years to achieve those numbers. Yet in 3 short years, 2022 to 2025, we have doubled those numbers. Our staff has doubled, the number of care receivers we assist has doubled, and our budget has doubled. Again, this has been an amazing year!



Senior Rides and More could not keep up without the continued funding from our long-time supporters, and without the focused management of our board of directors. Most of all, every one of our seniors

would not have our services if it were not for our caring and hard-working staff. Our office Schedulers are the heartbeat of our program and ensure that every one of the 30-35 appointments each day are completed safely and accurately from beginning to end. Our Grants Manager works tirelessly to find the funding that keeps our wheels rolling, and our volunteer Bookkeeper patiently puts up with my endless requests for financial information so

that I can complete monthly board reports and grant reports.

I am grateful to be a part of an organization that puts the needs of our seniors first and has a board and staff that value integrity and transparency. We are an organization that has the wherewithal to face our challenges and to be grateful for our successes.

This holiday season, the Senior Rides office will be taking a break to breathe, regroup, and buckle up for what promises to be another year of growth and accomplishments. We wish you all very happy holidays!

Senior Rides and More is a Winner of the Houston Metropolitan BBB Award of Excellence 2025!



Senior Rides and More has done it again for the sixth year in a row! This coveted award spotlights a nonprofit organization's commitment to excellence in the marketplace and is an honor not given to everyone. The BBB recognize the Winners of Distinction as role models for their character, transparency, and commitment to quality and trust.

The Awards for Excellence application is open to all accredited businesses and nonprofit organizations within the BBB of Metropolitan Houston. Applicants must provide outstanding written responses to many challenging questions. All applications are reviewed and scored by the BBB's Silver Fox Advisors, and not all applicants qualify for this award.

Senior Rides and More is proud to be an organization that is recognized by the Better Business Bureau for making a difference in the lives of Houston's senior community.



Welcome Sameena Zaidi to the Senior Rides and More Staff



Please join Senior Rides and More in welcoming our newest office Scheduler, Mrs. Sameena Zaidi. Sameena is an administrative professional with a passion for organization and helping things run smoothly. She has previously worked in office support and scheduling, as well as compliance and customer service. She enjoys helping teams (like Senior Rides!) stay on track and making sure all the "behind the scenes" details are taken care of.

She lives in Richmond, TX, is married, and is the proud mom of a fun loving 8-year-old son who keeps her on her toes. She loves traveling and exploring new places – it is one of her favorite ways to recharge and find inspiration.

Sameena generously brings donuts and bagels to the office some mornings to share with the staff. We are so grateful to have such a caring and generous person join our Senior Rides family!

Office Wish List!

As a small non-profit on a strict budget, our office can always use the following items:

- Forever stamps
- 29 Cent "Additional Ounce" Stamps
- HP 952XL Black Ink
- HP 952 Color Ink
- Office Max gift cards
- \$25 Grocery Gift Cards for our care receivers (HEB, Kroger, WalMart)
- **VOLUNTEERS!!**

If you would like to donate or **VOLUNTEER**, please call us at 713-772-8181

Senior Rides Celebrates Our Volunteers

On November 5th at Brae Burn Country Club, the Senior Rides and More board of directors and staff showed their appreciation of our volunteers and supporters with an afternoon of good conversations, delicious food, and potent Margaritas.

Our volunteers and supporters are the soul of our organization, and we are grateful to those who give their time and their heart to assist our care receivers. If you are interested in learning more about donating your time to Senior Rides and More to assist a senior with transportation to a medical appointment or assist with grocery shopping, please contact Debby Posso at (713) 772-8181.



It's Easy to Become a Senior Rides Volunteer

Whether you prefer to volunteer on a regular basis or every couple of weeks, we welcome and need your participation. We have flexible scheduling and a variety of volunteer opportunities.

Volunteers are needed to provide:

- Transportation to/from medical appointments
- Transportation for Shopping Trips
- Minor Home Repairs
- Telephone Friendship/Reassurance Calls

Contact the Senior Rides office to Volunteer:

713-772-8181; Info@SeniorRidesandMore.org; www.SeniorRidesandMore.org

Senior Rides And More 2025 Board Officers

John Heinemann, Chair
Porscha Jackson, Pd.D., Vice Chair
Adrianna Rubio, Secretary
Pete Hogue, Treasurer



Caregiver Statistics January–November 2025

Total Reported Volunteer Mileage – 86,660
Total Reported Volunteer Hours – 6,086
Total Reported Visits/Events – 9,311



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Our Corporate and Community Angels

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Chapelwood United Methodist Church
Chevron
Sue and Keith Cox
Kathy Danforth
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Exchange Club of Sugar Land
Ray C. Fish Foundation
Jean and Bill Frazer
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Albert and Ethel Herzstein Charitable
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Endowment Fund
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SCAN Community Insurance
Shell Oil Foundation
May and Stanley Smith Charitable Trust
Dee and Pete Stanley
Melinda and Joel Talley
Jack Threet
Tomball Regional Health Foundation
Isla Carroll Turner Friendship Trust

We are grateful for your belief in our mission of building a more loving and caring community through service.

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9600 S. Gessner Rd.
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