

2023 Annual Report



Senior Rides
and More

Our Mission

Senior Rides and More's mission is to promote senior independent living, health, and safety by providing free transportation and other services. Because transportation is such a vital component of independent living and because over 90% of requests for service are for free transportation, our program has focused more and more on this area of service. Volunteers, using their own cars and gasoline, take seniors to doctors and clinics, to pick up prescriptions, to go grocery shopping or to food banks and to accomplish other transportation-dependent needs. Senior Rides and More is the only provider offering free senior transportation in our 59 zip-code area that serves Harris and Fort Bend Counties as well as Tomball and northwest Houston.

Thank you so much
for faithfully providing
transportation for us
seniors who have a wide
variety of appointments!
Our medical appointments
and needs are greater
as we have gotten older.
therefore, free transportation
is a huge blessing.

thanks Again,
Joanne
M.



Joanne M.

President's Message

Dear Friends:

2023 was another record year for Senior Rides and More (SRAM) as we settled into our relocated office at the Episcopal Church of the Epiphany and became more familiar with our new scheduling software, AssistedRides.com. We answered a record-breaking number of service calls to meet the transportation needs of a growing number of folks that included medical and dental appointments, grocery shopping, and many other life-sustaining needs. We also increased our direct material support for high-priority needs of our care receivers.

Our Board of Directors and our Executive Director are continuing to add staff members to meet the increased demand for services of our programs, and we continue to expand our Board of Directors. We are excited about the continued growth of our program!

As always, we remain focused on raising funds and increasing our volunteer base. You can help us by spreading the word about the work we do at Senior Rides and More. We are very grateful for the support of foundations, churches/synagogues, and community donors, and appreciate the dedication of our staff.

We remain committed to helping a growing number of seniors who need our assistance to remain safely in their own homes. Keep all of us at SRAM in your prayers.

With gratitude,

John Heinemann
Board President



Growth of a Nonprofit: Accomplishments and Highlights in 2023

In 2023, Senior Rides and More:

- Served 900 homebound seniors who received free transportation
- 100+ Care Receivers received gift bags donated by St. Martin's Episcopal Church
- 60+ Care Receivers in need were gifted groceries ordered and delivered directly to their home and/or \$50 grocery gift cards to use when they shop

All services were provided at NO COST to care receivers:

- Over 900 seniors were able to benefit from our transportation program
- We provided 6,232 transportation events
- Our volunteers gave more than 3,818 hours and drove 42,201 miles
- Our Special Transportation Program accounted for 2,790 additional hours and 27,518 additional miles
- Our Special Transportation Program was responsible for 40% of the transportation events provided
- In 2023, we received a record number of applications for service and added at least 300 new care receivers

Seniors in 59 ZIP codes were assisted. No other nonprofit in Houston provided free senior transportation in the ZIP codes we serve.



Accomplishments and Highlights in 2023

Values Statements. We always maintain that our two most important values should be 1) that all services would be performed *at no cost to care receivers*; and 2) that volunteers will always be the primary means of assisting care receivers.

Sharing Knowledge. Our Executive Director attends networking events and speaks to congregations and community organizations to share our mission. Spreading the word about our program is important so that seniors in the community can learn about Senior Rides and More and our services. During 2023 this included speaking at senior functions, attending community roundtables, and hosting a table at outreach events.

Alternative Transportation. We supplemented the work of our wonderful volunteers with our Special Transportation Program, utilizing Uber and Lyft when a volunteer was not available. Using Lyft is 25% less costly than using Yellow Cab, which allows us to stretch our transportation funds. In 2023, our volunteers drove our care receivers with safety in mind by continuing to wear masks when fulfilling all transportation requests. Thanks to our program with using Lyft and ZTrip, our transportation services are never interrupted.

Expanding Our Community. Senior Rides is always available to collaborate with other nonprofits to better assist the senior community, especially regarding senior transportation and senior needs.

Getting the Word Out. We published four quarterly newsletters in print and internet format, keeping volunteers, supporters, and donors aware of our programs. We are grateful to our supporting Congregations and funders that promote our program in their own newsletters thereby bringing us new volunteers and care receivers.

Better Business Bureau Nonprofit Award of Excellence. Senior Rides and More has been recognized five years in a row as an organization worthy of the BBB Nonprofit Award of Excellence and we are honored to be recognized for the work we do in the Houston/Fort Bend communities.

Gift Cards. Thanks to grants and generous donors, we provided grocery store gift cards to more than 60 care receivers in need throughout the year, and again during the holiday season.

A Senior Rides Community Partner: Tomball Regional Health Foundation

The Tomball Regional Health Foundation traces its roots back to the first Tomball Hospital which was originally founded in 1947. At its founding, the Tomball Hospital was the first public hospital to serve the citizens of northwest Harris County. In 1976 the Tomball Hospital Authority was formed by special state legislation and operated the Tomball Regional Hospital until its sale to a subsidiary of Community Health Systems, Inc. on October 1, 2011. (The hospital was later sold to HCA Healthcare Houston on July 5, 2017) Upon the sale of the hospital in 2011, the Tomball Hospital Authority created the Tomball Regional Health Foundation (TRHF). It is the Foundation's function to administer and grow the proceeds from the sale of the Tomball Regional Hospital in order to provide funding to non-profit healthcare organizations in Tomball and the surrounding communities.

The Tomball Regional Health Foundation is a vital part of the greater Tomball Area, supporting health and wellness initiatives on behalf of its residents and seeking to meet the broader aspects of health needs in the community. Since its inception, TRHF has provided over \$27 million to non-profit organizations that support the healthcare needs of the Tomball Area. TRHF is governed by an eleven-member board that represents the citizens of the thirteen zip codes that comprise the TRHF service area. The board believes that it is important to not only provide funding to non-profits but to also partner with them to make them even stronger and more effective in their mission to improve the health status of all residents in our community. Senior Rides and More is proud to be a community partner of Tomball Regional Health Foundation, and is grateful for their support.

- We are excited to partner with Senior Rides and More to help with transporting seniors in the Greater Tomball Area to medical appointments and other critical visits. There is no doubt this service greatly aids in improving healthcare for seniors in our community.

Jeffrey Klein – CEO Tomball Regional Health Foundation

- Senior Rides and More is a blessing to the citizens of Tomball. Without this free service, many of our seniors would lack appropriate transportation to area medical facilities. Thank you, Tomball Regional Health Foundation, for supporting such a life-changing organization.

Lori Quinn - Mayor of Tomball



A Senior Rides Community Partner: St. Martin's Episcopal Church



Senior Ride sand More is blessed to be a congregational partner of St. Martin's Episcopal Church's Outreach/Ministries program. Our partnership with St. Martin's began in 2013 when we applied for grant funding and were visited by two Outreach committee members. One of the committee members, Mr. Bill Frazer, was so impressed with Senior Rides that he joined our organization as a board member and is currently an advisory board member. Bill worked with fellow board member Adrianna Rubio to establish our most successful program, the Special Transportation Program utilizing Lyft and Uber to transport our seniors. Bill is the first of many outstanding St. Martin's Episcopal Church members who have become Senior Rides and More volunteers.

Since its founding in 1952, St. Martin's Episcopal Church has grown to become the largest Episcopal Church in North America with more than 10,000 members, and has a fascinating history with numerous interesting facts:

- There are 133,000 pieces of stained glass in The Church alone.
- St. Martin's Campus stretches over 15 acres.
- St. Martin's Campus has eight individual gardens for prayer, meditation, reflection and even play in our Crosswalk Garden for children.
- Four bells in the bell tower, cast by Whitechapel Bell Foundry in the United Kingdom, ring the notes F, A-flat, C and E-flat – this is the same foundry that cast the world-famous bells for Big Ben in London and the Liberty Bell in Philadelphia.

To glorify God, St. Martin's Episcopal Church affirms and values Ministry Programs, ministering to those in spiritual, emotional and physical need through Pastoral Care and Outreach programs designed to serve the St. Martin's church family and their entire community.

One of the blessings that Senior Rides and More receives from St. Martin's comes from their Sunday Outreach event in February. It is on this special day of giving that St. Martin's families will assemble one hundred gift bags. These gift bags are donated to our seniors and are filled with special items and treats that will brighten their day.

Senior Rides and More is grateful to have the support of St. Martin's Episcopal Church.



Our Volunteers

Senior Rides and More volunteers are the heart and soul of our organization. Our volunteers go above and beyond for the best interest of our seniors we serve. The pictures on these pages tell the story.

Thank you for attending to my every medical need. Your volunteer drivers are as wonderful as you guys. You folks are ANGELS!

—Evelyn D.

Our staff and our board join our care receivers in thanking you—our volunteers—from the bottom of our hearts. God's blessing on you.



Our Care Receivers

Senior Rides and More's care receivers are frail and elderly men and women who want to remain in their own homes but need a little help.

- Over 90% are both elderly and disabled
- 80% are women, most of whom live alone with no nearby family
- All have "aged out" of their ability to drive or take public transportation
- Their average income is less than \$1,500 per month

Senior Rides can help them "Age in Place" by providing needed transportation to doctors and clinics, to go grocery shopping and to pick up prescriptions.

Senior Rides and More has been helping seniors "age in place" for 30 years.



Volunteer, Uber, or Lyft

Our Transportation is ALWAYS free

Senior Rides and More is dedicated to making sure that our care receivers get to their appointments, even if a volunteer is not available for our award-winning one-on-one service. We pride ourselves on having the best volunteers in Houston, but there is not a nonprofit in Houston that has enough volunteers to help 100 percent of the time. Nine years ago, we received grant funding to pay for “alternative transportation” when a volunteer is not available, thereby ensuring that a care receiver get to his or her medical appointments or medical treatment, and to the grocery store.

Today, our “special transportation” program has grown by leaps and bounds, and we consider it a very successful part of Senior Rides. Over the past several years, we have been fortunate to secure additional grant funding that allows us to continue this important service.

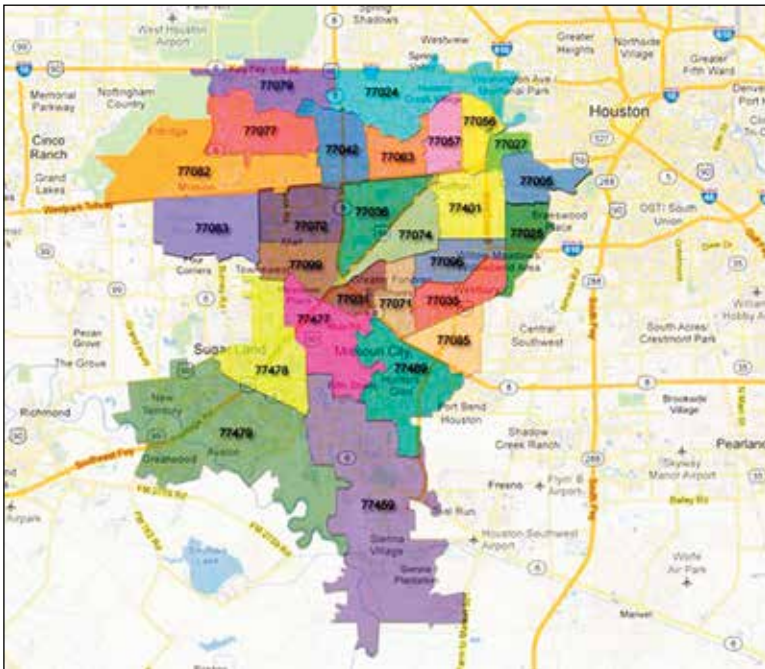
Our seniors will NEVER have to pay for our service – our services are always free. Our wonderful volunteers drive out of love and compassion to help their neighbor, and Senior Rides and More is happy to pay for Lyft or Uber to ensure our care receivers get the transportation they need.

Senior Rides and More is grateful to the Foundations, Congregations, and Donors who have given Senior Rides and More the grants to support this Special Transportation Program.



Southwest Houston Area

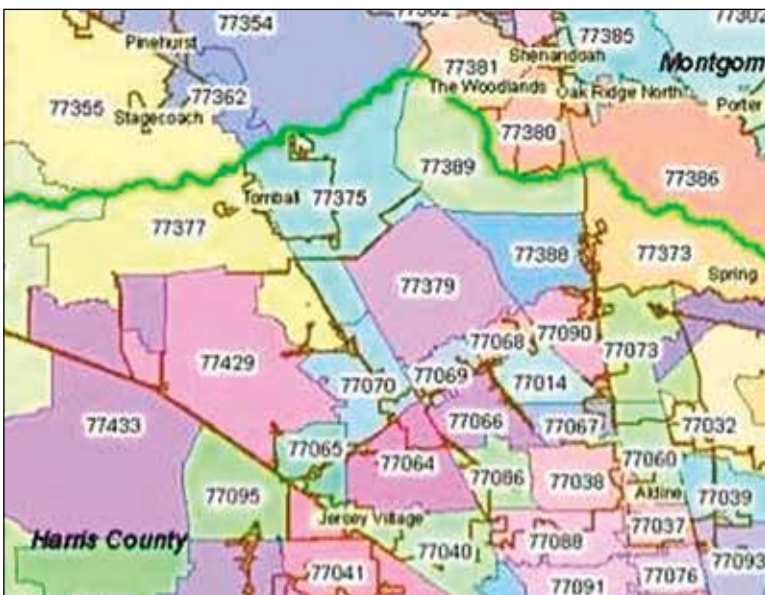
41 ZIP Codes Served



77005	77082
77024	77083
77025	77085
77027	77094
77031	77096
77035	77098
77036	77099
77042	77401
77043	77406
77046	77407
77055	77450
77056	77459
77057	77469
77063	77471
77071	77477
77072	77478
77074	77479
77077	77489
77079	77497
77080	77498
77081	

Northwest Houston Area

18 ZIP Codes Served



77014	77354
77064	77355
77066	77362
77067	77375
77068	77377
77069	77379
77070	77388
77086	77389
77090	77429

2023 Senior Rides and More Board of Directors

100% of Board Members Contribute Financially



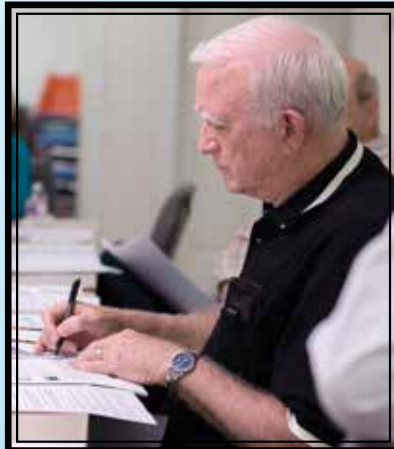
Janie Mitcham, Chair
Retired, Senior VP, Smart Energy



John Heinemann, Vice Chair
Retired, Shell Oil Company



Becky Landes, Secretary
CEO, The Beacon



Peter Hogue, Treasurer
Retired, Shell Oil Company



Annette Bisanz, R.N. (co-founder)
Retired, MD Anderson Cancer Center



Lyman Maddox
Retired, Universal Computer Systems,
Reynolds and Reynolds



Adrianna Rubio
Instructor, Avid Technology



Dr. Porscha Jackson
Business Development Manager
City of Houston

2023 Senior Rides and More Advisory Board

Dr. Bill Franklin

Retired, Medical Doctor

Adam Heghinian

Financial Advisor, Edward Jones

Inge-Lotte Liesner

Community Volunteer, The Buckingham

Deanna Parmenter

CFO, Cougar Sales

Vince Ryan

Past Harris County Attorney

Orlando Sanchez

Past Harris County Treasurer

Cindy Siegel

Past Mayor, City of Bellaire; Board of Directors,
Metropolitan Transit Authority

Morgan Steinberg

Adult Programs Director, Jewish
Community Center



Balance Sheet 2023

Volunteer Interfaith Caregivers SW DBA Senior Rides and More

Statement of Financial Position (as of December 31, 2023)

ASSETS

Current Assets	
Bank Accounts	
Bank of Texas--Checking	91,110.75
Bank of Texas--Money Market/CD	202,174.30
Prosperity Bank	76,076.64
Prosperity Bank--Checking	500.00
Tradition Bank	0.00
Total Bank Accounts	\$369,861.69
Other Current Assets	
Deposits	0.00
Prepaid Rent	0.00
Total Other Current Assets	\$0.00
Total Current Assets	\$369,861.69
Fixed Assets	
Accumulated Depreciation	-5,354.32
VIC Fixed Assets	
Computers and Printers	2,683.35
Furniture	405.00
Office Equipment	2,265.97
Total VIC Fixed Assets	5,354.32
Total Fixed Assets	\$0.00
Other Assets	
Security Deposit-Facilities	1,003.75
Total Other Assets	\$1,003.75
TOTAL ASSETS	\$370,865.44

LIABILITIES AND EQUITY

Liabilities	
Current Liabilities	
Accounts Payable	
Accounts Payable	0.00
Total Accounts Payable	\$0.00
Other Current Liabilities	
Direct Deposit Liabilities	0.00
Direct Deposit Payable	0.00
Payroll Liabilities	
Federal Taxes (941/944)	0.00
Total Payroll Liabilities	0.00
Payroll-FICA-Liab	0.00
Payroll-FWH-Liab	0.00
Payroll-MCARE-Liab	0.00
SBA/Prosperity Bank PPA Loan	0.00
VIC SW Reserve Fund	0.00
Total Other Current Liabilities	\$0.00
Total Liabilities	\$0.00
Equity	
Net Assets--With Donor Restrictions	69,874.88
Net Assets--Without Donor Restrictions	231,733.43
Net Assets--Without Donor Restrictions (Designated)	100,000.00
Opening Bal Equity	0.00
Retained Earnings	0.00
Net Revenue	-30,742.87
Total Equity	\$370,865.44
TOTAL LIABILITIES AND EQUITY	\$370,865.44



Profit & Loss Statement 2023

Senior Rides & More Profit & Loss Budget Performance December 2023 Final Compilation (excludes donations-in-kind)

	December 23	YTD 23	Annual Budget	Budget Remaining
Ordinary Income/Expense				
<u>Income</u>				
Donations - Board Members	500.00	6,350.01	8,500.00	2,149.99
Donations - Care Receivers	1,880.00	4,240.00	2,000.00	(2,240.00)
Donations - Community Members	11,940.00	32,711.71	25,000.00	(7,711.71)
Donations - Supporting Congregations	3,713.75	13,438.50	9,000.00	(4,438.50)
Grants - Government Support	0.00	0.00	20,000.00	20,000.00
Grants - Private Sector Support	30,600.00	195,712.00	140,000.00	(55,712.00)
Interest/Other	291.26	1,523.87	850.00	(673.87)
Use 1/1/23 Carry Forward [CF] \$	0.00	0.00	126,930.00	126,930.00
Total Income	48,925.01	253,976.09	332,280.00	78,303.91
<u>Expense</u>				
Multi-year New Services Initiative	6,138.68	6,138.68	5,000.00	(1,138.68)
Administrative Expense	-707.10	1,963.57	3,500.00	1,536.43
Advertising & Promotions	205.00	8,436.99	4,000.00	(4,436.99)
Caregiver Assistance & Support [ST]	0.00	200.00	200.00	0.00
Carereceiver Assistance & Support [ST]	279.37	54,636.21	40,000.00	(14,636.21)
Computer Equipment & Support	149.19	6,135.61	13,000.00	6,864.39
Ed/Training/Certification	0.00	40.00	100.00	60.00
Facilities Lease Costs	1,003.75	13,048.75	13,000.00	(48.75)
Fundraising	0.00	219.00	0.00	(219.00)
Insurance	0.00	4,083.86	4,200.00	116.14
Membership (TALA etc.)	16.23	746.76	900.00	153.24
Office Equipment & Support	0.00	2,776.71	1,600.00	(1,176.71)
Office Facilities	0.00	715.50	0.00	(715.50)
Office Supplies	0.00	3,166.45	2,000.00	(1,166.45)
Other Specially Tracked [ST]	20,664.12	20,664.12	66,480.00	45,815.88
Payroll Expenses	-3,292.62	145,078.16	166,000.00	20,921.84
Postage	310.00	1,884.40	2,000.00	115.60
Professional Fees	0.00	2,325.00	2,300.00	(25.00)
Staff Recognition	4,471.40	6,828.90	1,500.00	(5,328.90)
Telephone & Internet Access	102.53	1,584.96	3,500.00	1,915.04
VIC (Company) Payroll Taxes	0.00	0.00	0.00	0.00
Volunteer Recognition	0.00	4,045.33	3,000.00	(1,045.33)
Total Expense	29,340.55	284,718.96	332,280.00	47,561.04
Net Income	19,584.46	-30,742.87	0.00	

We planned to use \$126,930 of existing on hand monies to achieve a balance 2023 Financial Plan.

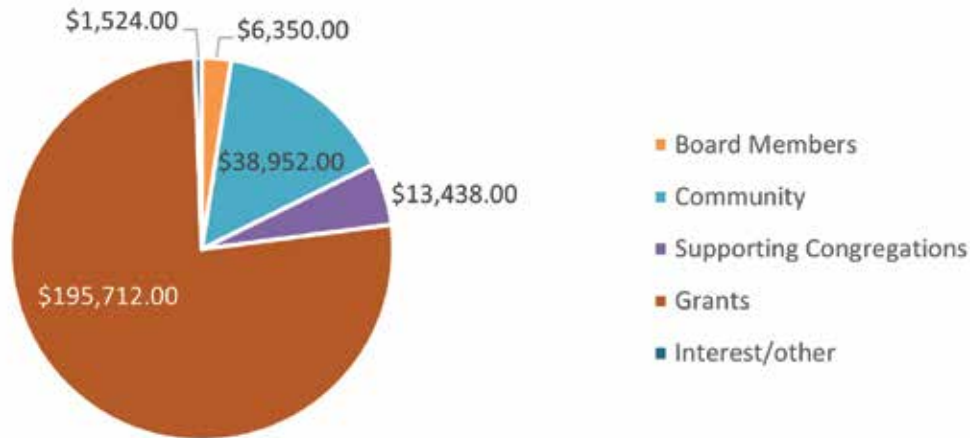
As the result of our excellent year 2023 efforts we only used \$30,743 of existing monies.

2023 Revenue | (\$)

Revenue

Board Members	\$6,350.00
Community	\$38,952.00
Supporting Congregations	\$13,438.00
Grants	\$195,712.00
Interest / Other	\$1,524.00

Revenue Total **\$255,976.00**

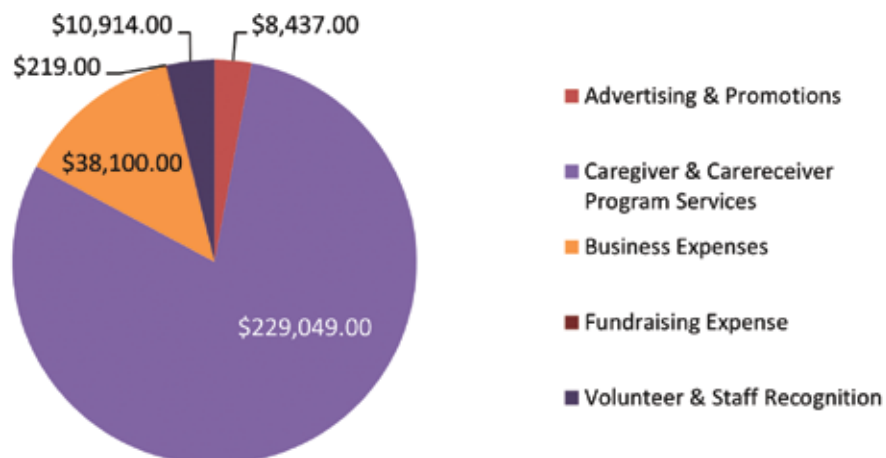


2023 Expense | (\$)

Expense

Advertising and Promotions	\$8,437.00
Caregiver & Carereceiver Program Services	\$229,049.00
Business Expenses	\$38,100.00
Fundraising Expenses	\$219.00
Volunteer & Staff Recognition	\$10,914.00

Expense Subtotal **\$286,719.00**



2023 Gifts in Kind

Volunteer Hours (\$31.80 x 3,818 hours)	\$121,412.40
Volunteer Mileage (\$0.14 x 42,201 miles)	\$5,908.14
Donated Operational Items (Executive Desk and Credenza)	\$2,000.00
Grand Total	\$129,320.54



Senior Rides and More is Grateful to the Following Supporters and Donors:

St. Albert of Trapani Catholic Church
Mrs. Madeleine Appel
Mary Ann Beachler Charitable Fund
Bethany Christian Church
Delana and Paul Bice / BICE & Associates Real Estate
Ms. Annette Bisanz
Ms. Judith Boyer
Mr. E.J. "Gus" Brann
Cameron Foundation
Chapelwood United Methodist Church Foundation
Sue and Keith Cox
Ms. Kathy Danforth
Exchange Club of Sugar Land
ExxonMobil Foundation
Ray C. Fish Foundation
Jean and Bill Frazer
The George Foundation
Jennifer and Adam Heghinian
Kathy and John Heinemann
Albert and Ethel Herzstein Charitable Foundation
Hildebrand Foundation
Linda and Pete Hogue
ITN America
Dr. Porscha Jackson
Robert H. and Anita Q. Lawe Foundation
Ms. Lynn Lamkin
Ms. Becky Landes
St. Laurence Catholic Church
Pam and Bob Leibrock
Inge-Lotte and Willy Liesner/Tosca Farms
Susan and Lyman Maddox
Joan and David Magdanz
Ms. Faerie Marsten
Joan and David Magdanz
St. Martin's Episcopal Church
Mrs. Dorothy McCaine
Mr. Steve McKinnon
Janie and Stuart Mitcham

Senior Rides and More Donors continued...

Mrs. Sheila O'Brien
Mrs. Lois O'Connor
Fred R. and Mabel L. Parks Foundation
St. Philip Presbyterian Central Mission Endowment Fund
Mrs. Angela Rachichi
Adrianna and Arturo Rubio
Judy and Carl Sandlin
Ms. Ginger Sharp
Shell Oil Foundation
May & Stanley Smith Charitable Trust
Dee and Pete Stanley
Strake Foundation
Melinda and Joel Talley
Mr. Jack Threet
Tomball Regional Health Foundation
Isla Carroll Turner Friendship Trust
Carol and Herman Vacca Charitable Trust
Ms. Nanette Vaughn-White
Mr. Robert Vinyard
Mrs. Rosemary Walker and Mr. David Walker
Mr. Craig Wooten

SENIOR RIDES AND MORE is grateful to the following Supporting Congregations:

Bethany Christian Church
Chapelwood United Methodist Church
ChristChurch Presbyterian
Congregation Emanu El
Gethsemane – A Ministry of St. Luke's United Methodist Church
Prince of Peace Catholic Church
St. Albert of Trapani Catholic Church
St. Francis de Sales Catholic Church
St. John Vianney Catholic Church
St. Laurence Catholic Church
St. Martin's Episcopal Church
St. Philip Presbyterian
St. Philip's United Methodist Church
St. Thomas More Catholic Church
St. Vincent de Paul Catholic Church

Our Staff



Debby Posso | Executive Director

Debby joined Senior Rides and More in April 2007 as a part-time Scheduler and became Executive Director in November 2013. She is a graduate of The University of St. Thomas with a BA in Political Science. A sustaining member of The Junior League of Houston, Debby has been on the Houston Museum of Natural Science Volunteer Guild Board for 27 years and has volunteered with many Houston area nonprofits. Debby has three awesome boys, three dogs, loves to travel, loves her job and is a huge sports fan.



Janie McBane | Scheduler

Janie started working at Senior Rides and more in July 2017. She came to Houston in 1980 via Oklahoma and began her career in Texas working in the Rice University Math Department. After spending 20 years at Rice University, Janie became a substitute teacher for Clear Creek ISD and Pearland ISD and went back to school to earn a degree in Fitness and Human Performance from the University of Houston - Clear Lake. Janie enjoys the outdoors and riding four-wheelers with her husband as well as spending time with her sisters and her mom. She also really loves her mom's good cooking!



Renee Rockkind | Scheduler

Renee is our newest office member having started in November 2022. She was born and raised in Houston and is a graduate of the University of Texas at Austin. She spent 30 years working for Celeste Stein Designs, Inc., a manufacturer of printed compression socks. Now working as an office Scheduler at Senior Rides, she enjoys her job tremendously by helping such nice care receivers with their transportation. She loves working with her colleagues, Debby Posso and Janie McBane. "They make every day coming to work a joy!" Renee's hobbies are gardening, swimming, and riding her bike.

**Monica Gilliam | Scheduler**

Monica joined us in 2023 as our newest Scheduler and brings to us her experience of being the sole caregiver of her elderly parents while also managing her own work life and independence. Monica has her BBA in Marketing from Sam Houston State University and her Master of Education from Prairie View A&M University. She has worked for Houston Independent School District as well as Alief School District and Harris County Department of Education. Her professional background and her personal understanding of caring for the elderly provide her with the patience and empathy required when assisting our seniors and their transportation needs. Monica enjoys working out at the local YMCA, volunteers in the community, and loves spending time with her precious Yorkie, Lola.

**Mary Lampe | Grants Manager**

Mary is our first Grant Manager whose responsibility is to oversee and manage our grants from application to funding. She spent four years as Senior Grant Writer at Magnificat Houses, Inc., before joining Senior Rides and More in August 2023. Following a career in educational programming and video production at the Amon Carter Museum of American Art and at the Dallas Museum of Art, she came to Houston from Fort Worth in 1998 to begin a 16-year stint as Executive Director of the Southwest Alternate Media Project, a venerable 46-year-old organization dedicated to the filmmaking process. While there, she also served as Producer for 15 seasons of the PBS short film series, The Territory. She then started her own business as an independent grant writer and fine arts appraiser. While dedicated to helping those in need through fundraising, Mary continues to pursue her life-long enthusiasm for travel, reading and the arts in all its forms.

Senior Rides and More is Once Again a Winner of the Houston Metropolitan Better Business Bureau Nonprofit Award of Excellence 2023

Since 1992, the Better Business Bureau has been recognizing Houston area businesses and nonprofits for excellence and quality in the workplace through their annual BBB Awards for Excellence. To qualify to apply for this award, an organization must be an accredited business or Charity Member in good standing with the Houston Better Business Bureau.

This coveted award highlights a commitment to excellence in the nonprofit marketplace and is an honor not given to every organization. The BBB recognizes the winners as role models for their character, expertise, and commitment to quality and trust.

The Award for Excellence is open to all accredited businesses and nonprofit organizations within the BBB of Metropolitan Houston. Applicants must provide thorough and thoughtful written responses to ten to twelve questions provided on an entry form questionnaire. All applications are reviewed and receive a score from the BBB's Silver Fox Advisors as acting judges. Only the most qualified select applicants qualify for this coveted award.

Senior Rides and More is proud to be recognized by the BBB four years in a row as a nonprofit organization that is making a difference in the lives of Houston's senior community.





Margaret P.



**Senior Rides and More assists
the frail and elderly with free
volunteer transportation and other
services that help seniors remain
independent in their own homes.**

**Senior Rides and More
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Email: info@SeniorRidesandMore.org
www.SeniorRidesandMore.org**