

2022 Annual Report



Senior Rides
and More

Our Mission

Senior Rides and More's mission is to promote senior independent living, health, and safety by providing free transportation and other services. Because transportation is such a vital component of independent living and because over 90% of requests for service are for free transportation, our program has focused more and more on this area of service. Volunteers, using their own cars and gasoline, take seniors to doctors and clinics, to pick up prescriptions, to go grocery shopping or to food banks and to accomplish other transportation-dependent needs. Senior Rides and More is the only provider offering free senior transportation in our 40 zip-code southwest Houston/Fort Bend service area and 11 zip-code northwest Houston service area.



Joanne M.



President's Message

Dear Friends:

2022 was a year of growth and change at Senior Rides and More. Senior Rides office staff fielded more calls for service in 2022 than any other year in our history. Many folks have returned to their routines after the challenges of COVID-19 and are seeking to meet daily living needs, including transportation to medical and dental appointments or to complete grocery shopping trips. Additionally, these past two years have seen a dramatic increase in calls for rides to dialysis, physical therapy, and chemotherapy/radiation treatments.



We accomplished a great deal in 2022. To meet the increased requests for transportation, we needed to grow our organization in line with the demand for our services. This meant hiring more staff, finding a larger office, and raising more funds. We met this challenge and sadly left our longtime office space at Christ Church Presbyterian. With this move, we doubled our space with a new office at Episcopal Church of the Epiphany. Senior Rides now employs 2 full time and two part-time staff, and one contract staff member to assist with special projects. Another necessity to meet demand was an upgrade to a new online transportation scheduling software that allows our volunteers the ability to be interactive and see our ride schedule in real time. This new database was met with positive reviews from our volunteers and our staff. All this incredible change meant that we should also update our website. We invite you to check out our new website as it is full of information about our services: www.Senior-RidesandMore.org

At Senior Rides and More (SRAM), we are deeply grateful for you. Without your generous support, we would not be able serve the growing number of seniors who need our assistance to stay in their homes and age with dignity.

With gratitude,

Janie Mitcham
Board President



Growth of a Nonprofit: Accomplishments and Highlights in 2022

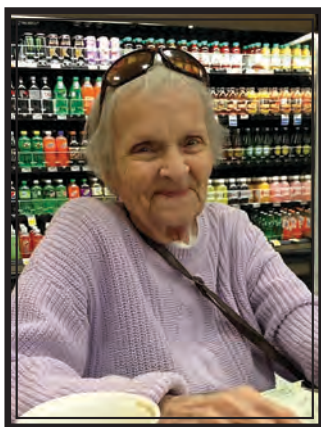
In 2022, Senior Rides and More:

- Served 700 homebound seniors who received free transportation
- 100+ Care Receivers received gift bags donated by St. Martin's Episcopal Church
- 60+ Care Receivers in need were gifted groceries ordered and delivered directly to their home and/or \$50 grocery gift cards to use when they shop

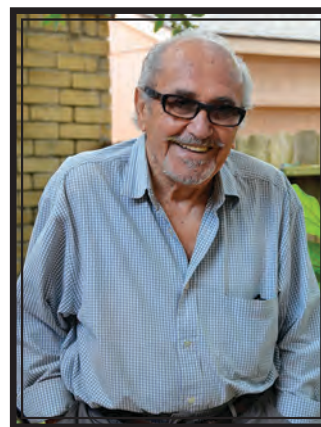
All services were provided at NO COST to care receivers:

- Over 700 seniors were able to benefit from our transportation program
- We provided more than 4,100 transportation events
- Our volunteers gave nearly 3,700 hours and drove almost 31,000 miles
- Our Special Transportation Program accounted for over 900 additional hours and 11,607 additional miles
- Our Special Transportation Program was responsible for 25% of the transportation events provided
- In 2022, we received a record number of applications for service and added more than 100 new care receivers

Seniors in 47 ZIP codes were assisted. No other nonprofit in Houston provided free senior transportation.



Dorothy R.



Mr. Teymour

Accomplishments and Highlights in 2022

Values Statements. We always maintain that our two most important values should be 1) that all services would be performed at no cost to care receivers; and 2) that volunteers will always be the primary means of assisting care receivers.

Sharing Knowledge. Our Executive Director attends networking events and speaks to churches and community organizations to share our mission. Spreading the word about our program is important so that seniors in the community can learn about Senior Rides and More and our services. During 2022, this included speaking at senior functions, and hosting a table at outreach events.

Alternative Transportation. We supplemented the work of our wonderful volunteers with our Special Transportation Program, utilizing Yellow Cab, Uber, and Lyft when a volunteer was not available. Using Lyft is 25% less costly than using Yellow Cab, which allows us to stretch our transportation funds. In 2022, our volunteers drove our care receivers with safety in mind by continuing to wear masks when fulfilling all transportation requests. Thanks to our Alternative Transportation program using Lyft and Uber, our transportation services are never interrupted.

Expanding Our Community. Senior Rides is always available to collaborate with other nonprofits to better assist the senior community, especially with regard to senior transportation.

Getting the Word Out. We published four quarterly newsletters in print and internet format, keeping volunteers, supporters, and donors aware of our programs. We are grateful to our supporting Congregations that promote our program in their own newsletters thereby bringing us new volunteers and care receivers.

Better Business Bureau Nonprofit Award of Excellence. Senior Rides and More has been recognized three years in a row as an organization worthy of the BBB Nonprofit Award of Excellence and we are honored to be recognized for the work we do in the Houston/Fort Bend communities.

Gift Cards. Thanks to grants and generous donors, we provided grocery store gift cards to more than 60 care receivers in need throughout the year, and again during the holiday season.

A Senior Rides Community Partner: St. Laurence Catholic Church, Sugar Land

In 1985, St. Laurence Catholic Church was established by the Archdiocese of Galveston-Houston to serve the growing Houston suburb of Sugar Land. Today, the thriving “mega-parish” of over 7,300 households is recognized for its charitable outreach, vibrant liturgies, beautiful music, and the welcoming spirit of its culturally diverse membership. Senior Rides and More founder, Annette Bisanz, and fellow board member John Heinemann are both members of St. Laurence Catholic Church.

For over 20 years, Fr. Drew Wood has served as pastor, inspiring parishioners to be “centered in the love of Christ and live to glorify God in all you do.” In response, St. Laurence supports over 90 ministries, and is known for the generous and “cheerful giving” of its parishioners.

Its large Social Concerns Ministry links people who are ready to serve with those in need. Director Pennie DeGroot coordinates the numerous programs, drives and service projects within the parish, plus provides essential support to over 50 charitable agencies and organizations throughout the community that regularly receive financial, material and volunteer assistance from St. Laurence. Senior Rides and More is one of the charitable organizations that receives financial blessings and volunteer assistance from St. Laurence. They are a monthly financial contributor to our program, and just last year St. Laurence Social Concerns Ministry gave Senior Rides \$3,000 to assist us in fighting food insecurity among our most in-need seniors. This generous donation allows us to provide free groceries and delivery from HEB stores to our seniors struggling to make ends meet. This program is a blessing to our homebound and handicapped elderly. Senior Rides and More is blessed to be a partner with St. Laurence Catholic Church in meeting the needs of our senior community.



Our Volunteers

Volunteers are the heart and soul of our organization.

It's easy to be a volunteer:

- YOU pick the assignments you can fill
- YOU are never obligated to fill more than one assignment
- YOU can volunteer as much or as little as your schedule permits
- YOU are protected by an umbrella insurance policy
- YOU can pick the type of service you wish to perform
- YOUR reward is the thanks of our care receivers who express their appreciation:

Thank you so much for faithfully providing transportation for us seniors who have a wide variety of appointments! Our medical appointments and needs are greater as we have gotten older. Therefore, free transportation is a huge blessing.

–Joanne M.

Our staff and our board join our care receivers in thanking you—our volunteers—from the bottom of our hearts. God's blessing on you.

Volunteers



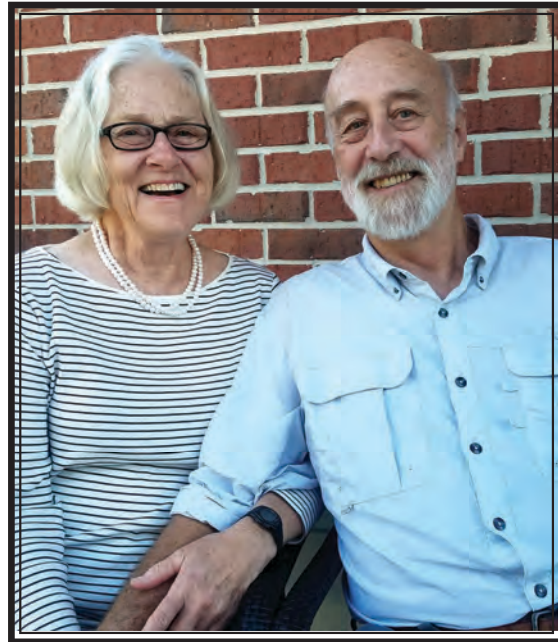
*They don't necessarily have the time;
they just have the heart.
Thank You!*

A Volunteer Story

Ann and Ted Tankard have made a big impression on our Care Receivers in the Fort Bend area where they volunteer. We sat down to visit over coffee with the couple to get to know them a little better and discuss their experiences as Volunteer drivers with Senior Rides and More.

The first thing you notice about Ann and Ted is how friendly and laid back they are. Their easy smiles and quick laughter create an immediate sense of comradery. As we chat, it quickly becomes apparent that they are a dynamic team.

Ted was born in the Boston, MA area and is a city boy. Ann was born in a small town north of Pittsburgh and is a country girl. Each of their families moved to Fort Lauderdale in the '60's. They met when both acquired jobs at Nova University Oceanographic Lab and became good friends.



Ann and Ted Tankard

Ted eventually joined the Coast Guard, and Ann decided to go back to school. After Ted completed his term of duty with the USCG, he decided to take advantage of the GI Bill and joined Ann at Florida State in Tallahassee, where they both majored in the sciences. It was there, 46 years ago, they decided to get married. The couple then moved back to South Florida, and both worked at the University of Miami until Ted got an offer to work with the oil and gas industry in Houston.

Fast forward a couple of decades, and the couple decided to retire in Houston. "We never expected we'd live in Texas, nor did we ever want to, when this came up. And we've fallen in love with Houston and Texas. We totally love it. So we retired here." They've now lived in the Houston area for 22 years.

The couple did not have children, but through the years shared their home with 6 wonderful rescue dogs. Their latest dogs are Dingo, a Texas cattle dog, and Lily, a white boxer mix. The Tankards had always planned to volunteer after retirement, but Covid put their plans on hold for a while. "I think we've always had a desire to give of our time after we retired," says Ted. "We always wanted to do that. Covid put that aside for a couple of years" Ann adds, "This was just a situation after Covid where this opened up and we said, 'Well, let's give it a try.'" Ann was dropping off a donation at Saint Laurence Catholic Church in Sugar Land (a Senior Rides supporting congregation) when she casually asked if they had any volunteer openings. It turned out that the church had an entire book of volunteer opportunities for the couple to choose from, and they quickly agreed Senior Rides and More was an organization aligned with the type of volunteering they wanted to do.

Ted explains, "When we saw this program, it fulfilled our desire to volunteer as well as to give back to older people to keep them in their homes. We took care of elderly parents, and



A Volunteer Story, continued

we think it's important that people stay in their homes as long as they can, and we saw this as a perfect opportunity."

The relationships with their care receivers have become special to them. Ann says, "Now we have these people. Our people. If you have ever taken an Uber or taxi to the airport or something really important, you know how much stress there is that they're going to come. Well, these folks that we've established a relationship with... I feel responsible for them that we need to be there to make sure that their life goes well that day. So they don't have to worry. I'll be there. Ted will be there."

Ted nods in agreement, adding, "We even call some of our care receivers occasionally and say, 'Hey, how you doing, we haven't heard from you in a while,' or tell them, 'If you need anything anytime, just give me a call. We're right around the corner.'"

It's obvious that the couple enjoys the time they spend volunteering. Their faces light up as they talk about the care receivers they help, and the time they spend together.

"It's really fun" says Ann of getting to know her care receivers. "We have a 91 year old lady - Oh my! I hope I'm that way at 91. She is amazing! It was nice once you got your clientele because you knew exactly where they lived, you knew what they looked like, they knew you, and so that's nice - but I don't mind taking on new people, either."

Ted is enthusiastic about listening to what care receivers have to share. "I take some of the retired military people to the VA and I just thoroughly enjoy talking with them and listening to their life experiences and their stories and what they've done. I enjoy it. I'm having a great time in discussion with these guys. They are just great stories!"

While "fun" is a word that crops up often when The Tankards talk about volunteering, it's apparent that they take Senior Rides and More's mission of helping the elderly remain in their homes seriously. Explains Ted, "It's wonderful to live in a community, and that's why I think elderly people should stay in their homes. Because I think they give back to the community. Interaction between generations is a good idea. I think that's very important from a social point of view. It's less cost to the taxpayer when people stay in their homes. It's depressing to think of being institutionalized, so society is so much better in general when people get to stay in their homes."

We ended our chat by asking what advice they can give to anyone thinking of volunteering with Senior Rides and More.

"If anybody is looking for a volunteer opportunity, this is a wonderful way. If you have a car and would like to spend some time giving back to the community, and you enjoy talking with people, this is a great opportunity. I couldn't think of anything better. It's easy, simple: schedule it, do it, done! I love it.

I don't know what else to tell people other than I think it's a great way to give back to the community to help elderly people stay in their own home."



Our Care Receivers

Senior Rides and More's care receivers are frail and elderly men and women who want to remain in their own homes but need a little help.

- Over 90% are both elderly and disabled
- 80% are women, most of whom live alone with no nearby family
- All have "aged out" of their ability to drive or take public transportation
- Their average income is less than \$1,500 per month

Senior Rides can help them "Age in Place" by providing needed transportation to doctors and clinics, to go grocery shopping and to pick up prescriptions.

Senior Rides and More has been helping seniors "age in place" for over 28 years.



Debbie Schmidt and Joyce



Mr. She

Senior Rides and More is Once Again a Winner of the Houston Metropolitan Better Business Bureau Nonprofit Award of Excellence 2022

Since 1992, the Better Business Bureau has been recognizing Houston area businesses and nonprofits for excellence and quality in the workplace through their annual BBB Awards for Excellence. To qualify to apply for this award, an organization must be an accredited business or Charity Member in good standing with the Houston Better Business Bureau.

This coveted award highlights a commitment to excellence in the nonprofit marketplace and is an honor not given to every organization. The BBB recognizes the winners as role models for their character, expertise, and commitment to quality and trust.

The Awards for Excellence is open to all accredited businesses and nonprofit organizations within the BBB of Metropolitan Houston. Applicants must provide thorough and thoughtful written responses to ten to twelve questions provided on an entry form questionnaire. All applications are reviewed and receive a score from the BBB's Silver Fox Advisors as acting judges. Only the most qualified and select applicants qualify for this coveted award.

Senior Rides and More is proud to be recognized by the BBB three years in a row as a nonprofit organization that is making a difference in the lives of Houston's senior community.



Volunteer, zTrip or Lyft

Our Transportation is ALWAYS free

Senior Rides and More is dedicated to making sure that our care receivers get to their appointments, even if a volunteer is not available for our award-winning one-on-one service. We pride ourselves on having the best volunteers in Houston, but there is not a nonprofit in Houston that has enough volunteers to help 100 percent of the time. Nine years ago, we received grant funding to pay for “alternative transportation” when a volunteer is not available, thereby ensuring that a care receiver get to their medical appointments or medical treatment, and to the grocery store.

Today, our “special transportation” program has grown by leaps and bounds, and we consider it a very successful part of Senior Rides. Over the past several years we have been fortunate to secure additional grant funding that allows us to continue this important service.

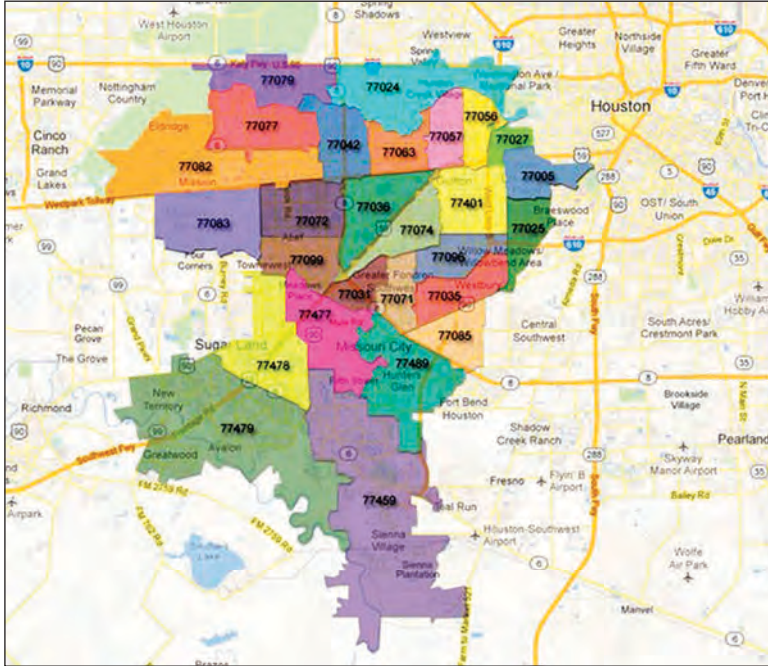
Our seniors will NEVER have to pay for our service – our services are always free. Our wonderful volunteers drive out of love and compassion to help their neighbor, and Senior Rides and More is happy to pay for Lyft, Uber, and Trip to ensure our care receivers get the transportation they need.

Senior Rides and More is grateful to the Foundations, Churches, and Donors who have given Senior Rides and More the grants to support this Special Transportation Program.



Southwest Houston Area

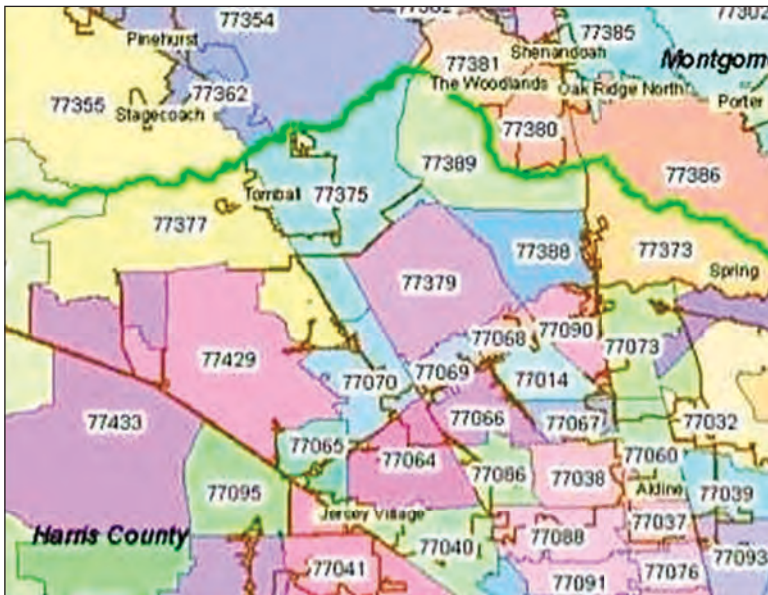
40 ZIP Codes Served



- 77005
- 77024
- 77025
- 77027
- 77031
- 77035
- 77036
- 77042
- 77043
- 77046
- 77055
- 77056
- 77057
- 77063
- 77071
- 77072
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- 77080
- 77081
- 77082
- 77083
- 77085
- 77094
- 77096
- 77098
- 77099
- 77401
- 77406
- 77407
- 77450
- 77469
- 77471
- 77477
- 77478
- 77479
- 77489
- 77498

Northwest Houston Area

11 ZIP Codes Served



- 77014
- 77066
- 77067
- 77068
- 77069
- 77070
- 77086
- 77090
- 77379
- 77388
- 77389

2022 Senior Rides and More Board of Directors

100% of Board Members Contribute Financially



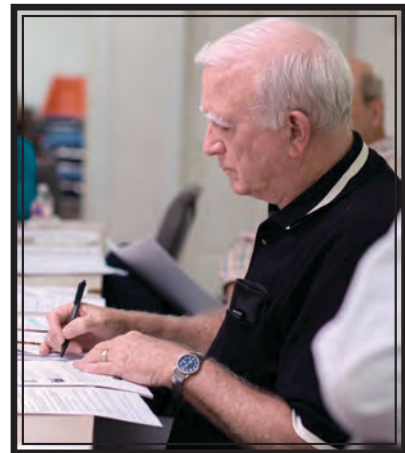
Janie Mitcham, Chair
Senior VP, Retired, Smart Energy



John Heinemann, Vice Chair
Retired, Shell Oil Company



Becky Landes, Secretary
CEO, The Beacon



Peter Hogue, Treasurer
Retired, Shell Oil Company



Annette Bisanz, R.N. (co-founder)
Retired, MD Anderson Cancer Center



Lyman Maddox
Retired, Universal Computer Systems,
Reynolds and Reynolds



Adrianna Rubio
Instructor, Avid Technology

2022 Senior Rides and More Advisory Board

Dr. Bill Franklin

Retired, Medical Doctor

Adam Heghinian

Financial Advisor, Edward Jones

Inge-Lotte Liesner

Community Volunteer, The Buckingham

Deanna Parmenter

CFO, Cougar Sales

Vince Ryan

Past Harris County Attorney

Orlando Sanchez

Past Harris County Treasurer

Cindy Siegel

Past Mayor, City of Bellaire; Board of Directors,
Metropolitan Transit Authority

Morgan Steinberg

Adult Programs Director, Jewish
Community Center



Balance Sheet 2022

Volunteer Interfaith Caregivers SW DBA Senior Rides and More

Statement of Financial Position (as of December 31, 2022)

ASSETS

Current Assets	
Bank Accounts	
Bank of Texas–Checking	122,373.74
Bank of Texas–Money Market/CD	201,256.67
Prosperity Bank	75,470.40
Prosperity Bank–Checking	500.00
Tradition Bank	0.00
Total Bank Accounts	\$399,600.81
Other Current Assets	
Deposits	0.00
Prepaid Rent	1,003.75
Total Other Current Assets	\$1,003.75
Total Current Assets	\$400,604.56
Fixed Assets	
Accumulated Depreciation	-5,354.32
VIC Fixed Assets	
Computers and Printers	2,683.35
Furniture	405.00
Office Equipment	2,265.97
Total VIC Fixed Assets	5,354.32
Total Fixed Assets	\$0.00
Other Assets	
Security Deposit–Facilities	1,003.75
Total Other Assets	\$1,003.75
TOTAL ASSETS	\$401,608.31

LIABILITIES AND EQUITY

Liabilities	
Current Liabilities	
Accounts Payable	
Accounts Payable	0.00
Total Accounts Payable	\$0.00
Other Current Liabilities	
Direct Deposit Liabilities	0.00
Direct Deposit Payable	0.00
Payroll Liabilities	
Federal Taxes (941/944)	0.00
Total Payroll Liabilities	0.00
Payroll–FICA–Liab	0.00
Payroll–FWH–Liab	0.00
Payroll–MCARE–Liab	0.00
SBA/Prosperity Bank PPA Loan	0.00
VIC SW Reserve Fund	0.00
Total Other Current Liabilities	\$0.00
Total Liabilities	\$0.00
Equity	
Net Assets–With Donor Restrictions	83,806.59
Net Assets–Without Donor Restrictions	186,913.69
Net Assets–Without Donor Restrictions (Designated)	100,000.00
Opening Bal Equity	0.00
Retained Earnings	0.00
Net Revenue	30,888.03
Total Equity	\$401,608.31
TOTAL LIABILITIES AND EQUITY	\$401,608.31



Profit & Loss Statement 2022

Senior Rides & More Profit & Loss Budget Performance December 2022 Final Compilation (includes donations-in-kind)

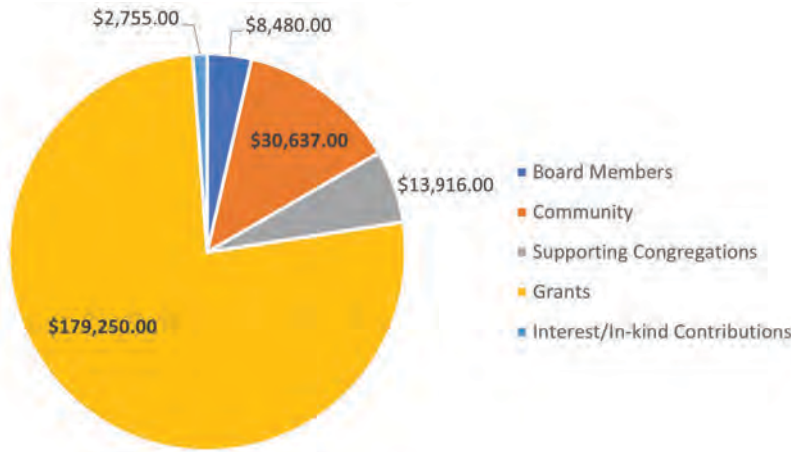
	December 22	YTD 22	Annual Budget	Budget Remaining
Ordinary Income/Expense				
<u>Income</u>				
Donations - Board Members	150.00	8,480.00	9,000.00	520.00
Donations - Care Receivers	755.00	2,170.00	2,000.00	(170.00)
Donations - Community Members	9,965.00	28,467.20	25,000.00	(3,467.20)
Donations - Supporting Congregations	500.00	13,916.00	9,000.00	(4,916.00)
Grants - Exxon Mobil Team	500.00	2,500.00	0.00	(2,500.00)
Grants - Government Support	0.00	0.00	10,000.00	10,000.00
Grants - Private Sector Support	29,000.00	176,750.00	130,000.00	(46,750.00)
Interest/Other	220.09	803.84	920.00	116.16
Donations-in-kind	1,886.00	1,950.89	0.00	(1,950.89)
Use 1/1/22 Carry Forward [CF] \$	0.00	0.00	91,000.00	91,000.00
Total Income	42,976.09	235,037.93	276,920.00	41,882.07
<u>Expense</u>				
2022 New Serviss Initiative	0.00	0.00	5,000.00	5,000.00
Administrative Expense	753.28	3,318.50	2,500.00	(818.50)
Advertizing & Promotions	1,330.50	3,682.89	4,000.00	317.11
Caregiver Assistance & Support	0.00	75.00	150.00	75.00
Carereceiver Assistance & Support	3,961.24	31,427.76	30,000.00	(1,427.76)
Computer Equipment & Support	88.73	14,256.24	13,000.00	(1,256.24)
Ed/Training/Certification	0.00	0.00	100.00	100.00
Facilities Lease Costs	-1,003.75	11,237.50	11,000.00	(237.50)
Insurance	0.00	4,102.86	3,800.00	(302.86)
Membership (TALA etc.)	16.23	845.25	900.00	54.75
Office Equipment & Support	0.00	1,629.52	700.00	(929.52)
Office Facilities	1,800.00	3,221.28	0.00	(3,221.28)
Office Supplies	230.49	1,799.59	2,000.00	200.41
Donations-in-kind	86.00	150.89	0.00	(150.89)
Other Specially Tracked [ST]	0.00	8,860.06	77,970.00	69,109.94
Payroll Expenses	11,212.99	111,429.58	117,000.00	5,570.42
Postage	60.00	2,196.48	1,500.00	(696.48)
Professional Fees	0.00	2,300.00	2,300.00	0.00
Staff Recognition-Ex Dir Reserve	98.20	211.92	1,000.00	788.08
Telephone & Inteneet Access	334.19	3,404.58	4,000.00	595.42
VIC (Company) Payroll Taxes	0.00	0.00	0.00	0.00
Total Expense	18,968.10	204,149.90	276,920.00	72,770.10
Net Income	24,007.99	30,888.03	0.00	-30,888.03

2022 Revenue | (\$)

Revenue

Board Members	\$8,480.00
Community	\$30,637.00
Supporting Congregations	\$13,916.00
Grants	\$179,250.00
Interest / In-Kind Contributions	\$2,755.00

Revenue Total **\$235,038**

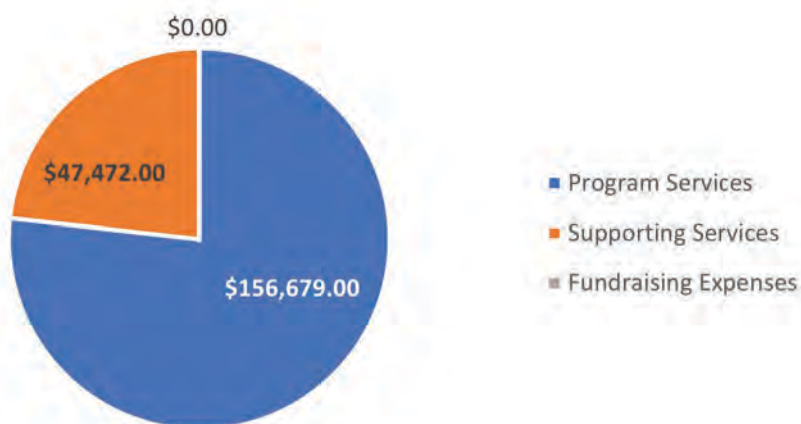


2022 Expense | (\$)

Expense

Program Services	\$156,679.00
Supporting Services	\$47,372.00
Fundraising	\$0

Expense Subtotal **\$204,151**



2022 Gifts in Kind

ChristChurch Presbyterian: Office Facilities	\$1,800.00
Volunteer Hours (\$29.95 x 3,682 hours)	\$110,275.90
Volunteer Mileage (\$0.14 x 30,902 miles)	\$4,326.28
Donated Operational Items (postage stamps, gift cards for care receiver assistance, etc.)	\$150.89
Grand Total	\$116,553.07



Senior Rides and More is Grateful to the Following Supporters and Donors:

St. Albert of Trapani Catholic Church
Mrs. Madeleine Appel
Mary Ann Beachler Charitable Fund
Bethany Christian Church
Delana and Paul Bice / BICE & Associates Real Estate
Ms. Annette Bisanz
Ms. Judith Boyer
Mr. E.J. "Gus" Brann
Cameron Foundation
Mr. Ephron Catlin
Chapelwood United Methodist Church Foundation
Sue and Keith Cox
Ms. Kathy Danforth
Exchange Club of Sugar Land
ExxonMobil Foundation
Aubrey and Sylvia Farb Foundation
Ray C. Fish Foundation
Bill Frazer, CPA
The George Foundation
Katherine and Joseph Haegelin
Jennifer and Adam Heghinian
Kathy and John Heinemann
Albert and Ethel Herzstein Charitable Foundation
Melinda Hildebrand through the Greater Houston Community Foundation
Linda and Pete Hogue
ITN America
Robert H. and Anita Q. Lawe Foundation
Ms. Lynn Lamkin
Ms. Becky Landes
St. Laurence Catholic Church
Inge-Lotte and Willy Liesner/Tosca Farms
Ms. Faerie Marsten
Joan and David Magdanz
St. Martin's Episcopal Church
Janie and Stuart Mitcham
Mrs. Lois O'Connor



Senior Rides and More Donors continued...

Fred R. and Mabel L. Parks Foundation
St. Philip Presbyterian Central Mission Endowment Fund
Prosperity Bank – Bellaire
Mrs. Angela Rachichi
Adrianna and Arturo Rubio
Judy and Carl Sandlin
Ms. Ginger Sharp
Shell Oil Foundation
Mary Siegele
May & Stanley Smith Charitable Trust
Dee and Pete Stanley
Strake Foundation
Mr. Jack Threet
Tomball Regional Health Foundation
Isla Carroll Turner Friendship Trust
Carol and Herman Vacca Charitable Trust
Mr. Robert Vinyard
Mrs. Rosemary Walker and Mr. David Walker
The Gil & Dody Weaver Foundation
Mr. Craig Wooten

SENIOR RIDES AND MORE is grateful to the following Supporting Congregations:

Bethany Christian Church
Chapelwood United Methodist Church
ChristChurch Presbyterian
Congregation Emanu El
Gethsemane – A Ministry of St. Luke's United Methodist Church
Prince of Peace Catholic Church
St. Albert of Trapani Catholic Church
St. Francis de Sales Catholic Church
St. John Vianney Catholic Church
St. Laurence Catholic Church
St. Martin's Episcopal Church
St. Philip Presbyterian
St. Philip's United Methodist Church
St. Thomas More Catholic Church
St. Vincent de Paul Catholic Church

Our Staff



Debby Posso | Executive Director

Debby joined Senior Rides and More in April 2007 as a part-time Scheduler and became Executive Director in November 2013. She is a graduate of The University of St. Thomas with a BA in Political Science. A sustaining member of The Junior League of Houston, Debby has been on the Houston Museum of Natural Science Volunteer Guild Board for 26 years and has volunteered with many Houston area nonprofits. Debby has three awesome boys, three dogs, loves to travel, loves her job and is a huge sports fan.



Janie McBane | Scheduler

Janie started working at Senior Rides and more in July 2017. She came to Houston in 1980 via Oklahoma and began her career in Texas working in the Rice University Math Department. After spending 20 years at Rice University, Janie became a substitute teacher for Clear Creek ISD and Pearland ISD and went back to school to earn a degree in Fitness and Human Performance from the University of Houston - Clear Lake. Janie enjoys the outdoors and riding four-wheelers with her husband as well as spending time with her sisters and her mom. She also really loves her mom's good cooking!



Renee Rochkind | Scheduler

Renee is our newest office member having started in November 2022. She was born and raised in Houston and is a graduate of the University of Texas at Austin. She spent 30 years working for Celeste Stein Designs, Inc., a manufacturer of printed compression socks. Now working as an office Scheduler at Senior Rides, she enjoys her job tremendously by helping such nice care receivers with their transportation. She loves working with her colleagues, Debby Posso and Janie McBane. "They make every day coming to work a joy!" Renee's hobbies are gardening, swimming, and riding her bike.



Margaret P.



**Senior Rides and More assists
the frail and elderly with free
volunteer transportation and other
services that help seniors remain
independent in their own homes.**

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