

2021 Annual Report



Senior Rides
and More

Our Mission

Senior Rides and More's mission is to promote senior independent living, health and safety by providing free transportation and other services. Because transportation is such a vital component of independent living and because over 90% of requests for service are for free transportation, our program has focused more and more on this area of service. Volunteers, using their own cars and gasoline, take seniors to doctors and clinics, to pick up prescriptions, to go grocery shopping or to food banks and to accomplish other transportation-dependent needs. Senior Rides and More is the only provider offering free senior transportation in our 34 zip-code southwest Houston service area and 11 zip-code northwest Houston service area.



Margaret P.

President's Message



Dear Friends:

From the onset of the COVID-19 pandemic in 2020, the staff and volunteers of Senior Rides & More have continued to provide essential transportation services for seniors in need. As Covid impacts stretched into 2021, that commitment stayed strong as additional efforts were undertaken to combat the loneliness caused by Covid which hit our senior community particularly hard. The additional services were a lifeline for those seniors who were feeling apprehensive and isolated during the pandemic.

With Covid still not quite in the rear-view mirror, Senior Rides & More continues to demonstrate our ability to adapt to meet the needs of our care receivers and the demand for our services continues to rise. Our staff received a record number of calls about our programs, and those inquiries produced a record number of applications for service.

The elderly that we serve need us now more than ever. We are poised for growth and ready to meet the demand for transportation that allows our seniors to not only maintain their independence, but to thrive. Our need for your support has also never been greater. Although we are blessed to have the support of many congregations and foundations in our community, we are operating in a world of rising prices and the cost of providing Lyft and Uber service to our seniors is steadily increasing.

Your contributions, as well as the steady and capable leadership of our volunteers and staff make these services possible.

I can't express my gratitude enough for your ongoing support. There are many ways to help. You can be an advocate for our seniors by sharing the Senior Rides & More story with your friends and neighbors. We are always seeking volunteer drivers and the experience can be deeply rewarding. Your financial contribution can help fill transportation gaps and provide critical non-transportation services such as emergency food assistance. Please open your heart and consider donating so that we can continue the vital services provided by Senior Rides & More.

With gratitude,
Janie Mitcham
Chair, Board of Directors



Coping with a Pandemic: Accomplishments and Highlights in 2021

In 2021, Senior Rides and More office stayed open and staffed all during the pandemic:

500 homebound seniors received groceries and transportation

Care Receivers received gift bags donated by St. Martin's Episcopal Church

All services were provided at NO COST to care receivers:

All rides provided by volunteers, taxis, Lyft and Uber are free:

1,044 rides via Yellow Cab and Lyft

3,104 rides from our Volunteers

Seniors in 45 ZIP codes were assisted:

Volunteers drove over 39,000 miles and devoted 4,497 hours

No other non-profit in Houston provided free senior transportation

All care receivers who asked for help received help



Irl S.



Senior Rides Care Receiver
Using Yellow Cab Services



Jerry Lummus and
Maria Q.

Accomplishments and Highlights in 2021

Values Statements. We always maintain that our two most important values should be 1) that all services would be performed *at no cost to care receivers*; and 2) that *volunteers* will always be the primary means of assisting care receivers.

Sharing Knowledge. Our Executive Director attends networking events and speaks to churches and community organizations to share our mission. Spreading the word about our program is important so that seniors in the community have the opportunity to sign up with our program. During 2021, this included expanding to Zoom meetings and Webinar learning sessions.

Alternative Transportation. We supplement the work of our wonderful volunteers with our Special Transportation Program utilizing Yellow Cab, Uber and Lyft when a volunteer was not available. Using LYFT is 25% less costly than using Yellow Cab, which allows us to stretch our transportation funds. In 2021, our volunteers drove our care receivers with safety in mind by continuing to wear masks when fulfilling all transportation requests. Thanks to our program with Lyft and YZTrip, our transportation services are never interrupted.

Expanding Our Community. Senior Rides is always available to collaborate with other non-profits to better assist the senior community, especially with regards to senior transportation.

Getting the Word Out. We published four quarterly newsletters in print and internet format, keeping volunteers, supporters and donors aware of our programs. We are grateful to our supporting Congregations that promote our program in their own newsletters thereby bringing us new volunteers and care receivers. In 2021, Senior Rides and More was spotlighted on the local morning show, Great Day Houston, televised on KHOU Channel 11 on weekday mornings. We were also profiled in the Houston Chronicle's Community News section in a print article written by journalist Ryan Nickerson.

Better Business Bureau Nonprofit Award of Excellence. Senior Rides and More has been recognized two years in a row as an organization worthy of the BBB Nonprofit Award of Excellence and we are honored to be recognized for the work we do in the Houston/Fort Bend communities.

Gift Cards. Thanks to generous grants and donors, we provided grocery store gift cards to more than 50 care receivers in need throughout the year and again during the holiday season.



A Senior Rides Community Partner: St. Martin's Episcopal Church



Since its founding in 1952, St. Martin's Episcopal Church has grown to become the largest Episcopal church in North America with more than 9,600 members.

St. Martin's partners with more than 50 agencies in Houston and abroad and offers weekly opportunities to serve others and share in fellowship.

Giving not only helps ensure the continuation of our many ministries, but also serves to enhance one's personal Christian growth.

Senior Rides and More is grateful to be an Agency Partner with St. Martin's Episcopal Church. The St. Martin's community has generously supported Senior Rides and More's mission of serving the elderly. The St. Clair Needlepoint group has surprised us with a generous donation to our program two years in a row.

One of the much loved and appreciated donations to Senior Rides and More is the gift bags prepared lovingly by the Vacation Bible School children over the summer. These bags are decorated by the preschoolers, given hand-written bible verses and positive, loving messages by the kindergartners, and the elementary school children package the gift bags with personal care items, snacks, and fun puzzle books. These gift bags are then delivered to our seniors by our volunteers and bring a smile to their faces. This is a gift from the heart that means more to our care receivers than anything else we do.

Thank you, St. Martin's Episcopal Church, for being an honored supporter of our mission, and a provider of joy to our seniors.



Linda M.



St. Martin's Episcopal Church



Lynda and Debby



Our Volunteers

Volunteers are the heart and soul of our organization. The pictures on these pages tell the story.

It's easy to be a volunteer:

- YOU pick the assignments you can fill
- YOU are never obligated to fill more than one assignment
- YOU can volunteer as much or as little as your schedule permits
- YOU are protected by an umbrella insurance policy
- YOU can pick the type of service you wish to perform
- YOUR reward is the thanks of our care receivers who express their appreciation in comments such as these:

Carl is one of the best volunteers you have! He has helped me with my doctor's appointments, shopping, and has even fixed a leak in my house!

I am always glad to hear when Mike S. is my volunteer. He is so good at getting me to my appointments at the VA Hospital.

Debbie S. and David M. are a blessing to me. I have such a good time shopping with Debbie, and and sharing stories with David.

Our staff and our board join our care receivers in thanking you—our volunteers—from the bottom of our hearts. God's blessing on you.

Several care receivers call Carl their best friend. He believes it is because they can tell that he truly enjoys being helpful to them, he is there to listen to them, to assist where he can, and just generally be supportive.

Carl Sandlin is indeed an inspiration to all of us at Senior Rides and More. We are grateful that his path in life has brought him to our door. Thank you, Carl, for your amazing service to Senior Rides.



Carl Sandlin with Sylvia



Debbie Schmidt and Joyce



Volunteer with Maria Q.

Our Care Receivers

Senior Rides and More's care receivers are frail and elderly people who want to remain in their own homes but need a little help.

- Over 90% are both elderly and disabled
- 75% are women, most of whom live alone with no nearby family
- All have "aged out" of their ability to drive or take public transportation
- Their average income is less than \$1,500 per month

Senior Rides can help them "Age in Place" by providing needed transportation to doctors and clinics, to go grocery shopping and to pick up prescriptions.

Senior Rides and More has been helping seniors "age in place" for over 27 years.



Catherine



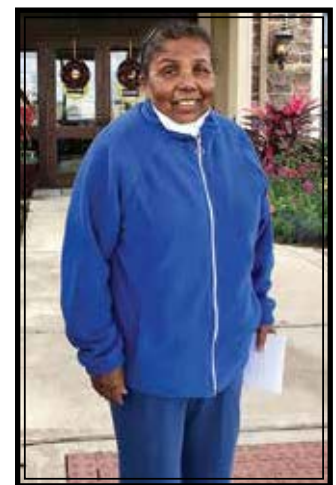
Dona



David



Jacklyn



Galubpati



How Do We Serve?

Senior Rides and More provides free transportation for the frail and elderly.

Our most requested calls are for:

- Doctor visits
- Physical Therapy
- Dialysis
- Chemotherapy
- Pharmacy for prescriptions
- Grocery Shopping
- Haircut & Nail Salons (grooming)
- General errands



Meeting the Need for Senior Transportation

IMPACT STATEMENT: By 2030 almost 20% of Americans (some 72 million people) will be 65 years of age or older. “The social and economic implications of the aging population, and the baby boomers in particular, is likely to be profound for both individuals and society,” says Census Bureau Director, Louis Kincannon (2002-2008).

STATISTICS:

- Over 2 million residents live within the City of Houston
- Harris County is the third most populous county in the United States with more than 4.5 million people
- An American Community Survey done in 2010 estimates that more than twice as many women as men in Harris County over the age of 65 live alone

ECONOMIC VARIABLES:

- Long-term care and supportive services – the average cost of these services in Harris County nursing facilities is \$3,500 per month
- Transportation to access these needed services continues to be one of the top five service priorities in Harris County
- Seniors face housing issues such as affordability, home repair, and need for modification and supportive services, among other things

THE REALITY: The world is aging faster than ever before, and a focus group survey conducted by Care for Elders organization echo the concerns of our senior population which reflects feelings of isolation, the need for information and referral, the need for falls prevention, and the need for transportation.

SENIOR RIDES AND MORE remains committed to our mission of offering free transportation to those qualified to receive our services in the Houston/Fort Bend areas we serve. Thank you for supporting our mission and our growth.



Better Business Bureau Nonprofit Award of Excellence 2021 Winner

Since 1992, the Better Business Bureau has been recognizing Houston area businesses and non-profits for excellence and quality in the workplace through their annual BBB Awards for Excellence. To qualify to apply for this award, an organization must be an accredited business or Charity Member in good standing with the Houston Better Business Bureau.

This coveted award spotlights a commitment to excellence in the nonprofit marketplace and is an honor not given to every organization. The BBB recognizes the winners as role models for their character, expertise, and commitment to quality and trust.

The Awards for Excellence is open to all accredited businesses and nonprofit organizations within the BBB of Metropolitan Houston. Applicants must provide thorough and thoughtful written responses to ten to twelve questions provided on an entry form questionnaire. All applications are reviewed and receive a score from the BBB's Silver Fox Advisors as acting judges. Not all applicants win an award.

Senior Rides and More is proud to be recognized by the BBB two years in a row as a nonprofit organization that is making a difference in the lives of Houston's senior community.



Volunteer, Yellow Cab or Lyft Our Transportation is ALWAYS free

Senior Rides and More is dedicated to making sure that our care receivers get to their appointments, even if a volunteer is not available for our award-winning one-on-one service. We pride ourselves on having the best volunteers in Houston, but there is not a nonprofit in Houston that has enough volunteers to help 100 percent of the time. Seven years ago, we received grant funding to pay for a “alternative transportation” when a volunteer is not available thereby ensuring that a care receiver get to their medical appointments or medical treatment, and to the grocery store.

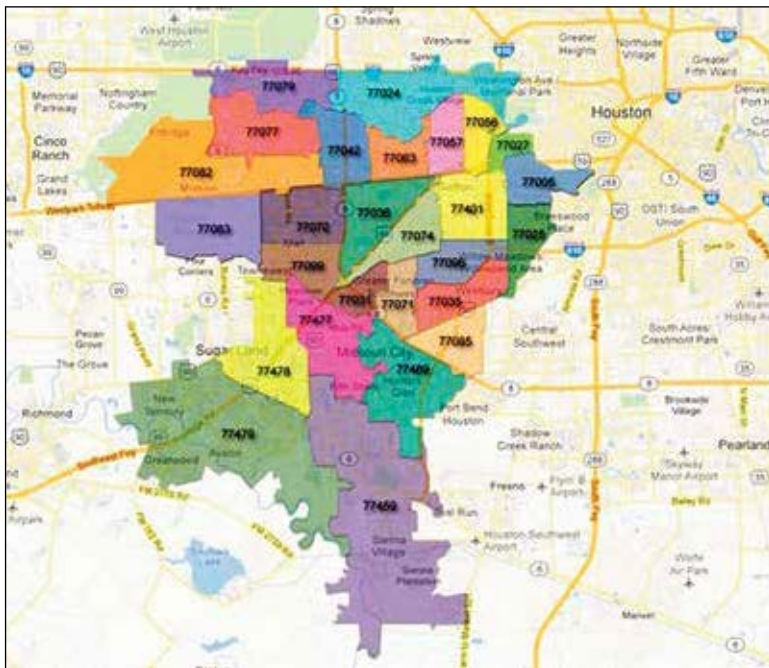
Today, our “special transportation” program has grown by leaps and bounds, and we consider it a very successful part of Senior Rides. Over the past several years we have been fortunate to secure additional grant funding that allows us to continue this important service.

Our seniors will NEVER have to pay for our service – our services are always free. Our wonderful volunteers drive out of love and compassion to help their neighbor, and Senior Rides and More is happy to pay for Lyft, Uber, and Yellow Cab to ensure our care receivers get the transportation they need.

Senior Rides and More is grateful to the Foundations, Churches, and Donors who have given Senior Rides and More the grants to support this Special Transportation Program.

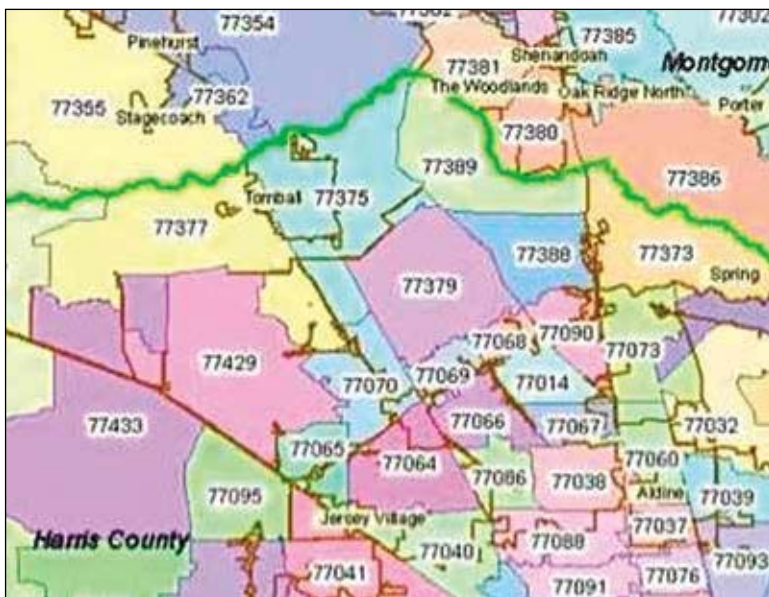


Southwest Houston Area



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Northwest Houston Area



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2021 Senior Rides and More Board of Directors

100% of Board Members Contribute Financially

Rebecca Landes, Chair

CEO, The Beacon

Janie Mitcham

Senior VP, Retired, Smart Energy

Peter Hogue, Treasurer

Retired, Shell Oil Co.

Lois O'Connor, Secretary

Retired, City of Houston

Annette Bisanz, R.N. (Co-Founder)

Retired, MD Anderson Cancer Center

Adam Heghinian

Financial Advisor, Edward Jones

John Heinemann

Shell Oil Company, Retired

Adrianna Rubio

Instructor, Avid Technology



Becky Landes and Adrianna Rubio



Lois O'Connor



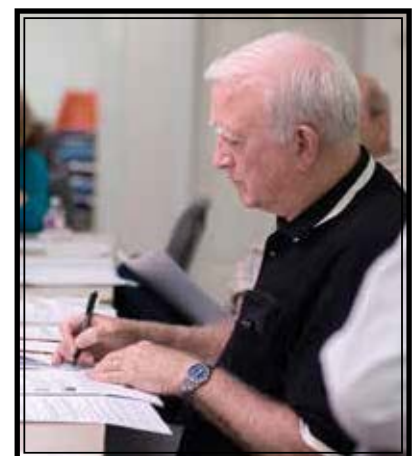
Adam Heghinian



John Heinemann, Kathy Heinemann, Annette Bisanz



Janie Mitcham



Pete Hogue

2021 Senior Rides and More Advisory Board

Dr. Bill Franklin

Retired, Medical Doctor

Inge-Lotte Liesner

Community Volunteer, The Buckingham

Deanna Parmenter

CFO, Cougar Sales

Vince Ryan

Past Harris County Attorney

Orlando Sanchez

Past Harris County Treasurer

Cindy Siegel

Past Mayor, City of Bellaire; Board of Directors,
Metropolitan Transit Authority

Morgan Steinberg

Adult Programs Director, Jewish
Community Center



Balance Sheet 2021

Volunteer Interfaith Caregivers SW DBA Senior Rides and More

Volunteer Interfaith Caregivers SW DBA Senior Rides & More Balance Sheet As of December 31, 2021

	<u>Dec 31, 21</u>
ASSETS	
Current Assets	
Checking/Savings	
Bank of Texas-Checking	94,297.05
Bank of Texas-Money Mkt./CD	201,050.51
Prosperity Bank	74,872.72
Prosperity Bank-Checking	500.00
Total Checking/Savings	<u>370,720.28</u>
Total Current Assets	<u>370,720.28</u>
Fixed Assets	
Accumulated Depreciation	-5,354.32
VIC Fixed Assets	
Computers & Printers	2,683.35
Furniture	405.00
Office Equipment	2,265.97
Total VIC Fixed Assets	<u>5,354.32</u>
Total Fixed Assets	<u>0.00</u>
TOTAL ASSETS	<u><u>370,720.28</u></u>
LIABILITIES & EQUITY	
Equity	
Net Assets - Temp. Restricted	57,165.29
Net Assets - Unrestricted	191,488.47
Net Assets - Unrestricted (Des)	100,000.00
Net Income	22,066.52
Total Equity	<u>370,720.28</u>
TOTAL LIABILITIES & EQUITY	<u><u>370,720.28</u></u>



Profit & Loss Statement 2021

Volunteer Interfaith Caregivers SW DBA Senior Rides & More Profit & Loss Budget Performance 2021 December 2021

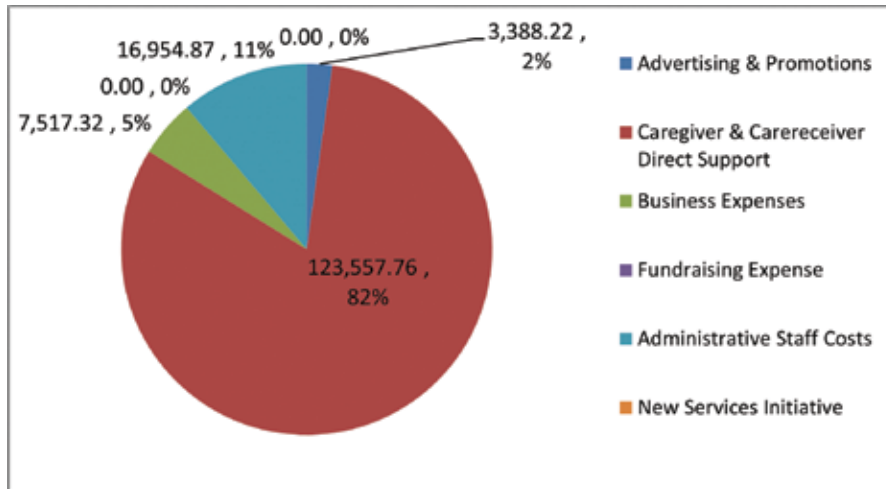
	Dec 21	Budget	Jan - Dec 21	YTD Budget	Annual Budget
Income					
Donations - Board Members	60.00	1,000.00	8,410.01	9,000.00	9,000.00
Donations - Care Receivers	365.00	1,610.00	1,700.00	3,000.00	3,000.00
Donations - Community Members	6,835.00	5,000.00	24,973.32	25,000.00	25,000.00
Donations - Memorials/ Honorm	0.00	0.00	0.00	0.00	0.00
Donations - Supporting Cnrgtgn	500.00	500.00	9,165.00	7,500.00	7,500.00
Grants - Exxon Mobil Team	0.00		1,500.00		
Grants - Government Support	0.00		17,000.00		
Grants - Private Sector Support	27,400.00	23,000.00	109,900.00	119,750.00	119,750.00
Interest/Other	272.05	500.00	836.36	2,000.00	2,000.00
Use 1/1/20 Carry Forward [CF]	0.00	72,000.00	0.00	72,000.00	72,000.00
Total Income	35,432.05	103,610.00	173,484.69	238,250.00	238,250.00
Expense					
2021 New Services Initiative	0.00	4,000.00	0.00	40,000.00	40,000.00
Administrative Expense	95.22	200.00	2,408.15	1,500.00	1,500.00
Advertising & Promotions	180.00	100.00	3,388.22	5,000.00	5,000.00
Caregiver Assistance & Support	0.00	12.50	0.00	150.00	150.00
Carereceiver Assistance & Supp.	3,450.62	1,875.00	24,507.50	22,500.00	22,500.00
Computer Equipment & Support	426.94	1,085.00	11,928.33	13,000.00	13,000.00
Ed/Training/Certification	0.00	0.00	0.00	100.00	100.00
Insurance	0.00	0.00	3,735.86	3,800.00	3,800.00
Membership (TALA etc.)	4.76	15.00	824.36	600.00	600.00
Office Equipment & Support	431.31	950.00	665.90	1,700.00	1,700.00
Office Supplies	381.05	0.00	2,153.16	1,200.00	1,200.00
Other Specially Tracked [ST]	340.00	2,875.00	340.00	34,500.00	34,500.00
Payroll Expenses	7,718.62	8,687.00	93,759.58	104,200.00	104,200.00
Postage	252.30	575.00	1,053.54	2,000.00	2,000.00
Professional Fees	0.00	0.00	2,300.00	2,500.00	2,500.00
Staff Recognition-Ex Dir Resv	761.90	1,000.00	973.80	1,500.00	1,500.00
Telephone & Internet Access	302.21	333.37	3,379.77	4,000.00	4,000.00
VIC (Company) Payroll Taxes	0.00	0.00	0.00	0.00	0.00
Volunteer Rec & 25th Anniv	0.00	0.00	0.00	0.00	0.00
Total Expense	14,344.93	21,707.87	151,418.17	238,250.00	238,250.00
Net Income	21,087.12	81,902.13	22,066.52	0.00	0.00

2021 Revenue | (\$)

Revenue

Board Members	\$8,410.01
Community	\$27,509.68
Supporting Congregations	\$9,165.00
Grants–Private	\$111,400.00
Grants–Government	\$17,000.00
Use 1/1/21 carry forward \$	\$0.00

Revenue Total **\$173,484.69**

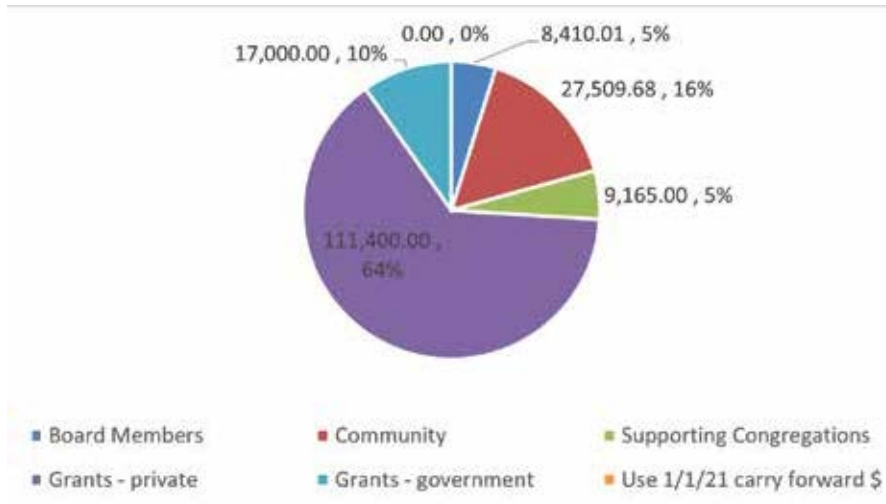


2021 Expense | (\$)

Expense

Advertising and Promotions	\$3,388.22
Caregiver and Carereceiver Direct Support	\$123,557.76
Business Expenses	\$7,517.76
Fundraising Expenses	\$0.00
Administrative Staff Costs	\$16,954.87
NW Office	\$0.00

Expense Subtotal **\$151,418.17**



2021 VIC Gifts in Kind

Main Office

ChristChurch Presbyterian: Office Facilities	\$3,600.00
Conference/Meeting Room: ChristChurch Presbyterian	\$600.00
Volunteer Hours (\$7.25 x 3,892 hours)	\$28,217.00
Volunteer Mileage (\$0.14 x 29,258 miles)	\$4,96.12
Donated Operational Items (postage stamps, gift cards for care receiver assistance, etc.)	\$0
Grand Total	\$36,513.12

Note: The two items in bold italics are reflected directly on the P&L as a) Office Facilities and b) Donated Operating Cost Items. The total amount shown on the P&L is \$3,600, shown with one revenue line item and two expense line items.

Senior Rides and More Donors

St. Albert of Trapani Catholic Church
Mrs. Madeleine Appel
Mary Ann Beachler Charitable Fund
Bellaire Rotary Club
Bethany Christian Church
Delana and Paul Bice / BICE & Associates Real Estate
Ms. Judith Boyer
Mr. E.J. "Gus" Brann
Cameron Foundation
Mr. Ephron Catlin
Chapelwood United Methodist Church Foundation
Sue and Keith Cox
Mrs. Kathy Danforth
Exchange Club of Sugar Land
ExxonMobil Foundation
Aubrey and Sylvia Farb Foundation
Ray C. Fish Foundation
Susan and James Fogarty Charitable Trust
Bill Frazer, CPA
The George Foundation
Albert and Ethel Herzstein Charitable Foundation
Melinda Hildebrand through the Greater Houston Community Foundation
ITN America
Mr. Richard N. Kauth
Robert H. and Anita Q. Lawe Foundation
St. Laurence Catholic Church
Inge-Lotte and Willy Liesner/Tosca Farms
Joan and David Magdanz
St. Martin's Episcopal Church
St. Martin's Episcopal Church's St. Clair Needlepoint Group
O'Connor & Associates/Pat and Kathleen O'Connor
Fred R. and Mabel L. Parks Foundation
St. Philip Presbyterian Central Mission Endowment Fund
St. Philip's United Methodist Church
Prosperity Bank – Bellaire
Mrs. Angela Rachichi



Senior Rides and More Donors continued...

Adrianna and Arturo Rubio
Judy and Carl Sandlin
Ms. Ginger Sharp
Shell Oil Foundation
May & Stanley Smith Charitable Trust
Dee and Pete Stanley
Mr. Mike Stein
Strake Foundation
Mr. Jack Threet
Tomball Regional Health Foundation
Isla Carroll Turner Friendship Trust
Carol and Herman Vacca Charitable Trust
Mr. Robert Vinyard
Mrs. Rosemary Walker and Mr. David Walker
WellMed Charitable Foundation
The Gil & Dody Weaver Foundation
Mr. Craig Wooten

SENIOR RIDES AND MORE is grateful to the following Supporting Congregations:

Bethany Christian Church
Chapelwood United Methodist Church
ChristChurch Presbyterian
Congregation Emanu El
Gethsemane – A Ministry of St. Luke's United Methodist Church
Holy Ghost Catholic Church
St. Albert of Trapani Catholic Church
St. Francis de Sales Catholic Church
St. John Vianney Catholic Church
St. Laurence Catholic Church
St. Luke's United Methodist Church
St. Martin's Episcopal Church
St. Philip Presbyterian
St. Philip's United Methodist Church
St. Thomas More Catholic Church
St. Vincent de Paul Catholic Church

Our Staff

Debby Posso | Executive Director

Debby joined Senior Rides and More in April 2007 as a part-time Scheduler and became Executive Director in November 2013. She is a graduate of The University of St. Thomas with a BA in Political Science. A sustaining member of The Junior League of Houston, Debby has been on the Houston Museum of Natural Science Volunteer Guild Board for 25 years and has volunteered with many Houston area non-profits. Debby has two awesome sons, a terrific nephew who is a part of her family, loves to travel, loves her job and is a huge sports fan.

Janie McBane | Scheduler

Janie started working at Senior Rides and more in July 2017. She came to Houston in 1980 via Oklahoma and began her career in Texas working in the Rice University Math Department. After spending 20 years at Rice University, Janie became a substitute teacher for Clear Creek ISD and Pearland ISD and went back to school to earn a degree in Fitness and Human Performance from the University of Houston - Clear Lake. Janie enjoys the outdoors and riding four-wheelers with her husband as well as spending time with her sisters and her mom. She also really loves her mom's good cooking!



Debby Posso



Debby Posso and Janie McBane

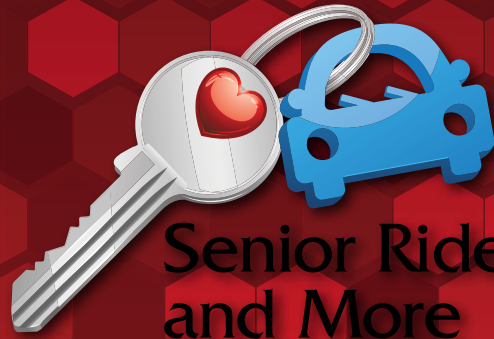


Janie McBane

2021 Board of Directors



Top left to bottom right:
John Heinemann, Adrianna Rubio, Annette Bisanz,
Pete Hogue, Becky Landes, Lois O'Connor, Adam Heghinian, Janie Mitcham



Senior Rides and More

Senior Rides and More assists the frail and elderly with volunteer transportation and other services that help seniors remain independent in their own homes.

Senior Rides and More

5001 Bellaire Blvd., Bellaire, TX 77401

Phone (713) 772-8181

Email: info@SeniorRidesandMore.org

www.SeniorRidesandMore.org