

2020 Annual Report



Senior Rides
and More

Volunteer Jerry Lummus and Care Receiver Maria Q.

Our Mission

Senior Rides and More's mission is to promote senior independent living, health and safety by providing free transportation and other services. Because transportation is such a vital component of independent living and because over 90% of requests for service are for free transportation, our program has focused more and more on this area of service. Volunteers, using their own cars and gasoline, take seniors to doctors and clinics, to pick up prescriptions, to go grocery shopping or to food banks and to accomplish other transportation-dependent needs. Senior Rides and More is the only provider offering free senior transportation in our 34 zip-code southwest Houston service area and 11 zip-code northwest Houston service area.



President's Message



Dear Friends:

During a year of unprecedented challenges, Senior Rides & More demonstrated its ability to adapt to meet the needs during a public health crisis. From the onset of the COVID-19 pandemic, the staff and volunteers continued essential transportation services for seniors in need. Despite the challenges, our team stepped up to provide so much more.

- **We stayed in touch with care receivers**
The team checked in with seniors through regular phone calls.
- **We tended to those in our care.**
Small care packages were packaged and delivered.
- **We expanded our transportation services.**
Special transportation was provided for COVID vaccine appointments.
Lyft was utilized when needed as a safe alternative transport.

Your contributions, as well as the steady and capable leadership of our volunteers and staff made these services possible. The additional services were a lifeline for those seniors who were feeling apprehensive and isolated during the pandemic.

I am genuinely appreciative of your ongoing support. I ask that you continue to be an advocate for our senior neighbors, sharing with your friends and neighbors the good works of Senior Rides & More. If you can contribute financially, please consider donating to continue the very good works of Senior Rides & More.

With gratitude,

Becky Landes
Chair, Board of Directors

Coping with COVID: Accomplishments and Highlights in 2020

In 2020, Senior Rides and More office stayed open and staffed all during the pandemic:

475 homebound seniors received groceries and transportation

Over 500 calls made to check on care receiver well-being

All services were provided at NO COST to care receivers:

All rides provided by volunteers, taxis, Lyft and Uber are free:

491 rides via Yellow Cab and Lyft

2,559 rides from our Volunteers

Seniors in 46 ZIP codes were assisted:

Volunteers drove over 22,500 miles and devoted 3,809 hours

No other non-profit provided free senior transportation

All care receivers who asked for help received help



David Magdanz and Debby Posso
Social Distancing



Doris Flowers



Sam Crossland with Carl Sandlin

Accomplishments and Highlights in 2020

Values Statements. We always maintain that our two most important values should be 1) that all services would be performed *at no cost to care receivers*; and 2) that *volunteers* will always be the primary means of assisting care receivers.

Sharing Knowledge. Our Executive Director attends networking events and speaks to churches and community organizations to share our mission. Spreading the word about our program is important so that seniors in the community have the opportunity to sign up with our program. During 2020, this included expanding to Zoom meetings and Webinar learning sessions.

Alternative Transportation. We supplement the work of our wonderful volunteers with our Special Transportation Program utilizing Yellow Cab, Uber and Lyft when a volunteer was not available. Using LYFT is 25% less costly than using Yellow Cab, which allows us to stretch our transportation funds. In 2020, our volunteers quarantined with safety in mind for both themselves and the safety of our senior care receivers. Thanks to our program with Lyft and Yellow Cab, our transportation services were not interrupted. All safety protocols were in place for the well-being of our seniors.

Expanding Our Community. Senior Rides is always available to collaborate with other non-profits to better assist the senior community, especially with regards to transportation.

Getting the Word Out. We published four quarterly newsletters in print and internet format, keeping volunteers, supporters and donors aware of our programs. We are grateful to our supporting Congregations that promote our program in their own newsletters thereby bringing us new volunteers and care receivers.

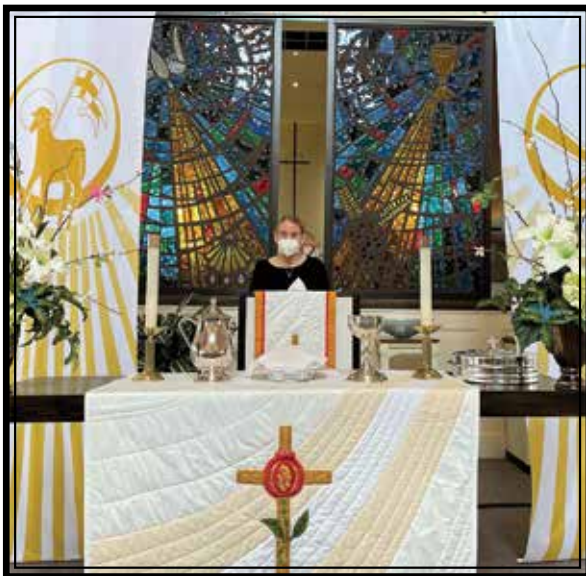
Volunteer Thank You. Sadly, in 2020, we were unable to hold our annual Volunteer Appreciation Dinner. We love our volunteers and can hardly wait to show our appreciation when the time is right.

Gift Cards. Thanks to generous grants and donors, we provided grocery store gift cards to more than 50 care receivers in need during the early months of the pandemic and again during the holiday season.



A Senior Rides Community Partner: Christ Church Presbyterian

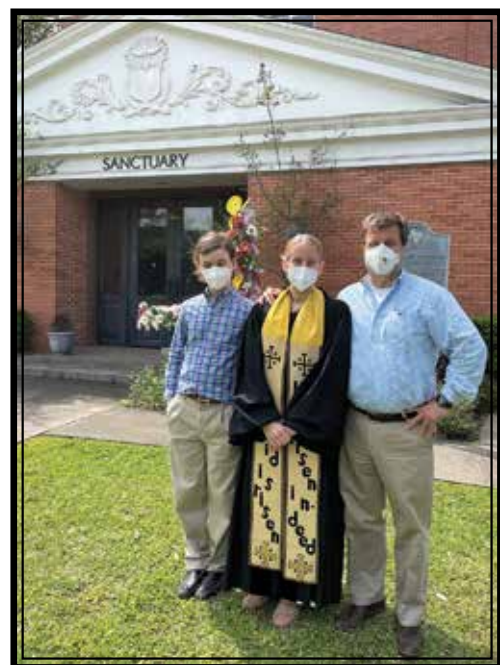
Senior Rides and More is blessed in so many ways. One very special blessing is that we have not had the burden of paying rent for our office space. For more than 16 years, Christ Church Presbyterian in Bellaire has been home to Senior Rides and More and we are grateful that they have always made us feel like family. Christ Church Presbyterian Pastor Kristy Forbes Vits is a loving and caring congregation leader with a heart of gold and Crispin Hoyos is the Building Manager who has been our guardian angel. The CCP congregation members have welcomed us with open arms. The Senior Rides and More staff and board members are grateful to this generous congregation for opening its doors to our small non-profit. Thank you, Christ Church Presbyterian, for your love, your spirit of giving and for supporting the mission of Senior Rides and More and for supporting our seniors.



Kristy Vits at Christ Church Presbyterian



Christ Church Presbyterian

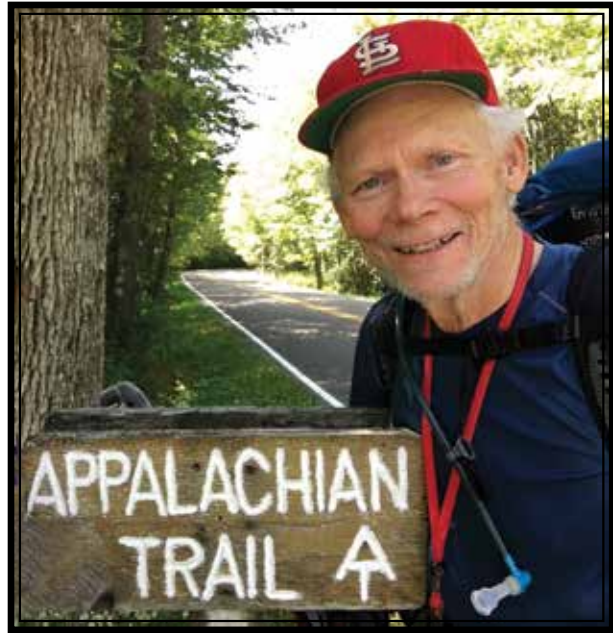


The Vits Family at Christ Church Presbyterian

Volunteer Angel | Carl Sandlin

Carl is a volunteer who has befriended many of our seniors and has dedicated himself to helping those same care receivers every week of the month. Senior Rides is proud to introduce you to this amazing person.

Born into a farming family in Union City, Tennessee, Carl has fond memories about his childhood on a farm. "Seeing the hogs all snuggled together asleep in the sun on a cold winter day – a beautiful sight to a farm boy!" In high school, Carl dreamed of a career in agriculture, but at his father's insistence, he instead pursued a Bachelor of Science in Chemical Engineering and graduated with honors from Tennessee Technological University. While at TTU, Carl went through advanced ROTC training and was commissioned as a Second Lieutenant upon graduation. Carl was offered a Fellowship to pursue his Master of Science in Chemical Engineering at Georgia Institute of Technology.



FUN FACT:

Carl plays the Tuba and was named an "All-State Musician" his senior year of high school. While at Tennessee Tech, he landed a job with the Tuba teacher at the University who enlisted him to start a Tuba Ensemble at the school. That group has now performed at Carnegie Hall in New York City 8 times. As Carl says, "Not too bad for a farm boy from west Tennessee!"

CAREER:

Carl enjoyed a nearly 40-year career traveling the world as an engineer with Humble Oil and Refining Company, now known as ExxonMobil. On May 6, 2010, Carl retired from ExxonMobil but retirement didn't last long. In late 2011, he was asked by the CEO of British Petroleum to assist BP in the wake of the Deepwater Horizon incident. His job was to assure the Safety, Ethics, and Environmental Assurance Committee of the Board of Directors that all 26 recommendations from the Bly Report had been implemented across the whole of the Global Wells Organization. He completed the assignment in February 2016 and is now finally and officially retired from corporate life. Carl stated that his career was "Very challenging, but also very rewarding. I'd still be working but being retired is more fun!!"

FAMILY LIFE:

In case you were wondering if Carl found time for a personal life, he did. He met his wife Judy while singing in the church choir and they married in 1975. Ten years later, their daughter Rachel came into their lives by way of adoption. Rachel is now a mom herself, making Judy and Carl doting grandparents to their granddaughter Lillian. Carl says, "We are lucky, for they live just 1.5 miles from us!"

Volunteer Angel | Carl Sandlin *(continued)*

GIVING BACK TO THE COMMUNITY:

Carl is devoted to volunteering, to his church, and to an active lifestyle. "I am convinced you need a reason to get up and out of bed in the morning. And golf six days a week isn't it!" exclaims Carl. (He does love golfing!) He is involved in several organizations:

- The Global Missions Committee at Chapelwood United Methodist Church
- The Board of Directors for Caring Adoptions since 1996
- The Board of Directors of Noah's House, a group home for intellectually disabled adults in Harris County
- The Board of Directors of The Restoration Team, a nonprofit that helps folks rebuild their homes after Hurricane Harvey
- The Board of Directors of Fairhaven Food Pantry, an outgrowth of Chapelwood UMC that is working with the Houston Food Bank to help feed people during this pandemic
- He is a dedicated volunteer with Senior Rides and More and usually drives 3-4 days a week depending on the need.
- In 2011 he was asked to join the Friends of Music at Tennessee Tech.



Carl Sandlin with Gloria Taylor

PASSION FOR LIFE:

Carl stays active when he is not volunteering. In 2010, he began his quest to hike the Appalachian Trail. After a couple of starts and stops, he has hiked about 836 miles on the Trail, most recently he added 466 miles in the fall of 2019. Carl has also hiked about 148 miles on the Pacific Crest Trail in Washington State. He is truly an inspiration!

We asked Carl, "What is it about volunteering for Senior Rides that inspires you?"

He answers, "When you call the care receiver the day before the appointment to arrange the details of the trip, and his/her voice brightens when they know it is their volunteer calling on behalf of Senior Rides...well, that just makes my day!"

Several care receivers call Carl their best friend. He believes it is because they can tell that he truly enjoys being helpful to them, he is there to listen to them, to assist where he can, and just generally be supportive.

Carl Sandlin is indeed an inspiration to all of us at Senior Rides and More. We are grateful that his path in life has brought him to our door. Thank you, Carl, for your amazing service to Senior Rides.



Our Volunteers

Volunteers are the heart and soul of our organization. The pictures on these pages tell the story.

It's easy to be a volunteer:

- YOU pick the assignments you can fill
- YOU are never obligated to fill more than one assignment
- YOU can volunteer as much or as little as your schedule permits
- YOU are protected by an umbrella insurance policy
- YOU can pick the type of service you wish to perform
- YOUR reward is the thanks of our care receivers who express their appreciation in comments such as these:

Carl is one of the best volunteers you have! He has helped me with my doctor's appointments, shopping, and has even fixed a leak in my house!

I am always glad to hear when Mike S. is my volunteer. He is so good at getting me to my appointments at the VA Hospital.

Debbie S. and David M. are a blessing to me. I have such a good time shopping with Debbie and sharing stories with David.

Our staff and our board join our care receivers in thanking you—our volunteers—from the bottom of our hearts. God's blessing on you.



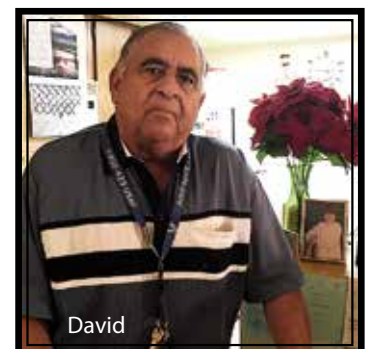
Our Care Receivers

Senior Rides and More's care receivers are frail and elderly people who want to remain in their own homes but need a little help.

- Over 90% are both elderly and disabled
- 75% are women, most of whom live alone with no nearby family
- All have "aged out" of their ability to drive or take public transportation
- Their average income is less than \$1,500 per month

Senior Rides can help them "Age in Place" by providing needed transportation to doctors and clinics, to go grocery shopping and to pick up prescriptions.

Senior Rides and More has been helping seniors "age in place" for 26 years.



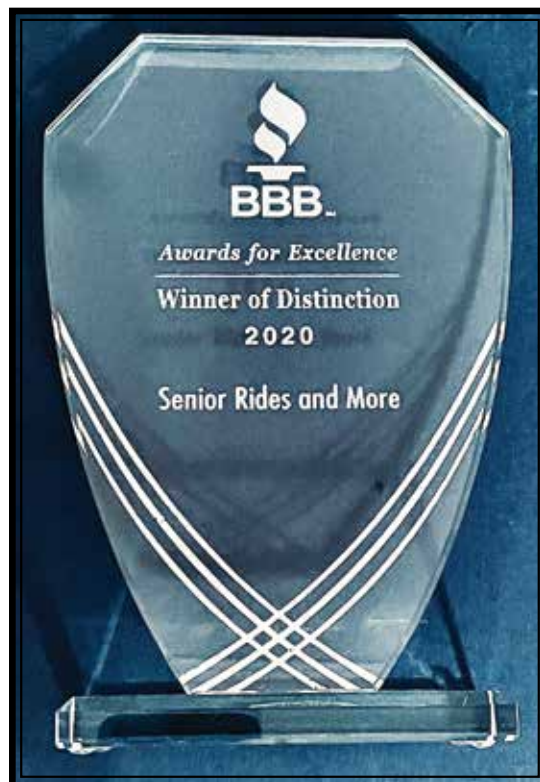
Senior Rides and More is a Winner of the Houston Metropolitan Better Business Bureau Non-Profit Award of Excellence 2020

Since 1992, the Better Business Bureau has been recognizing Houston area businesses and non-profits for excellence and quality in the workplace through their annual BBB Awards for Excellence. To qualify to apply for this award, an organization must be an accredited business or Charity Member in good standing with the Houston Better Business Bureau.

This coveted award spotlights a commitment to excellence in the nonprofit marketplace and is an honor not given to every organization. The BBB recognizes the winners as role models for their character, expertise, and commitment to quality and trust.

The Awards for Excellence is open to all accredited businesses and nonprofit organizations within the BBB of Metropolitan Houston. Applicants must provide thorough and thoughtful written responses to ten to twelve questions provided on an entry form questionnaire. All applications are reviewed and receive a score from the BBB's Silver Fox Advisors as acting judges. Not all applicants win an award.

Senior Rides and More is proud to be a nonprofit organization that is recognized by the Better Business Bureau for making a difference in the lives of Houston's senior community.



Volunteer, Yellow Cab or Lyft– Our Transportation is ALWAYS Free

Senior Rides and More is dedicated to making sure that our care receivers get to their appointments, even if a volunteer is not available for our award-winning one-on-one service. We pride ourselves on having the best volunteers in Houston, but there is not a nonprofit in Houston that has enough volunteers to help 100 percent of the time. Seven years ago, we received grant funding to pay for a “alternative transportation” when a volunteer is not available thereby ensuring that a care receiver get to their medical appointments or medical treatment, and to the grocery store.

Today, our “special transportation” program has grown by leaps and bounds, and we consider it a very successful part of Senior Rides. Over the past several years we have been fortunate to secure additional grant funding that allows us to continue this important service.

Our seniors will NEVER have to pay for our service—our services are always free. Our wonderful volunteers drive out of love and compassion to help their neighbor, and Senior Rides and More is happy to pay for Lyft, Uber and Yellow Cab to ensure our care receivers get the transportation they need.

Senior Rides and More is grateful to the Foundations, Churches, and Donors who have given Senior Rides and More the grants to support this Special Transportation Program.

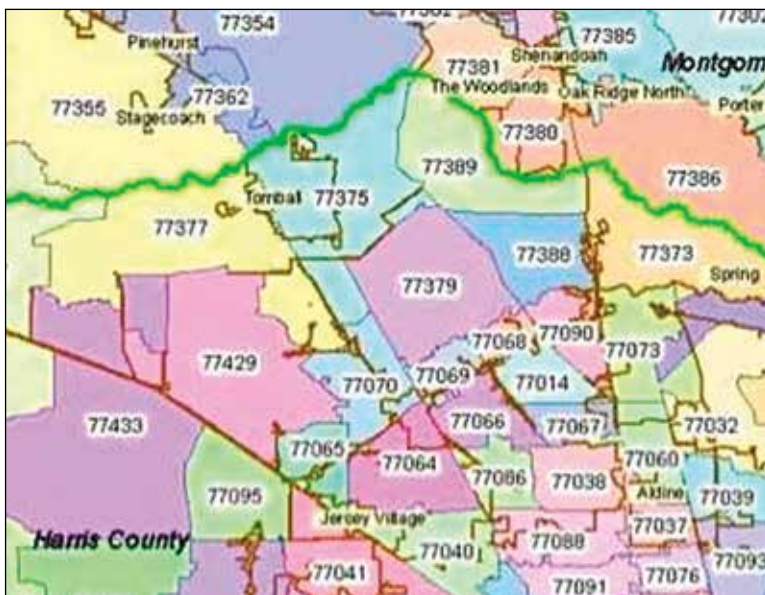


Southwest Houston Area



77005	77077
77024	77079
77025	77080
77027	77081
77031	77082
77035	77083
77036	77085
77042	77096
77043	77098
77046	77099
77055	77401
77056	77477
77057	77478
77063	77479
77071	77459
77072	77489
77074	77498

Northwest Houston Area



77014
77066
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77379
77388
77389

2020 Senior Rides and More Board of Directors

100% of Board Members Contribute Financially

Rebecca Landes, Chair

CEO, The Beacon

Vanessa Southard, Vice-Chair

Hospital Administrator

Lois O'Connor, Secretary

Retired, City of Houston

Peter Hogue, Treasurer

Retired, Shell Oil Co.

Annette Bisanz, R.N. (Co-Founder)

Retired, MD Anderson Cancer Center

Bill Frazer, CPA

Certified Public Accountant

Adam Heghinian

Financial Advisor, Edward Jones

Janie Mitcham

Senior VP, Retired, Smart Energy

Adrianna Rubio

Instructor, Avid Technology

Ronda West

Past HERO Board Member

John Heinemann

Shell Oil Company, Retired



Becky Landes



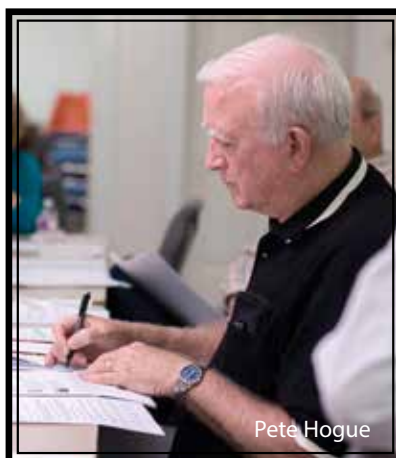
Adam Heghinian



Janie Mitcham



Lois O'Connor



Pete Hogue



John Heinemann, Kathy Heinemann,
Annette Bisanz

2020 Senior Rides and More Advisory Board

Dr. Bill Franklin

Retired, Medical Doctor

Virginia Lootens

Attorney at Law, Elder Law Specialist

Orlando Sanchez

Former Harris County Treasurer

Joe Welsh

Former SRAM Executive Director

Deanna Parmenter

CFO, Cougar Sales

Cindy Siegel

Past Mayor, City of Bellaire; Board of Directors,
Metropolitan Transit Authority

Morgan Steinberg

Adult Programs Director, Jewish
Community Center

Inge-Lotte Liesner

Community Volunteer, The Buckingham

Vince Ryan

Harris County Attorney



Balance Sheet 2020

Volunteer Interfaith Caregivers SW DBA Senior Rides and More

Volunteer Interfaith Caregivers SW DBA Senior Rides & More Balance Sheet As of December 31, 2020

	Dec 31, 20
ASSETS	
Current Assets	
Checking/Savings	
Bank of Texas-Checking	90,066.89
Bank of Texas-Money Mkt./CD	200,803.39
Prosperity Bank	74,283.48
Prosperity Bank-Checking	500.00
Total Checking/Savings	365,653.76
Total Current Assets	365,653.76
Fixed Assets	
Accumulated Depreciation	-5,354.32
VIC Fixed Assets	
Computers & Printers	2,683.35
Furniture	405.00
Office Equipment	2,265.97
Total VIC Fixed Assets	5,354.32
Total Fixed Assets	0.00
TOTAL ASSETS	365,653.76
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
SBA/Prosperity Bank PPA Loan	17,000.00
Total Other Current Liabilities	17,000.00
Total Current Liabilities	17,000.00
Total Liabilities	17,000.00
Equity	
Net Assets - Temp. Restricted	48,425.20
Net Assets - Unrestricted	161,806.80
Net Assets - Unrestricted (Des)	100,000.00
Net Income	38,421.76
Total Equity	348,653.76
TOTAL LIABILITIES & EQUITY	365,653.76

Profit & Loss 2020

Volunteer Interfaith Caregivers SW DBA Senior Rides and More

Volunteer Interfaith Caregivers SW DBA Senior Rides & More Profit & Loss Budget Performance 2020 December 2020

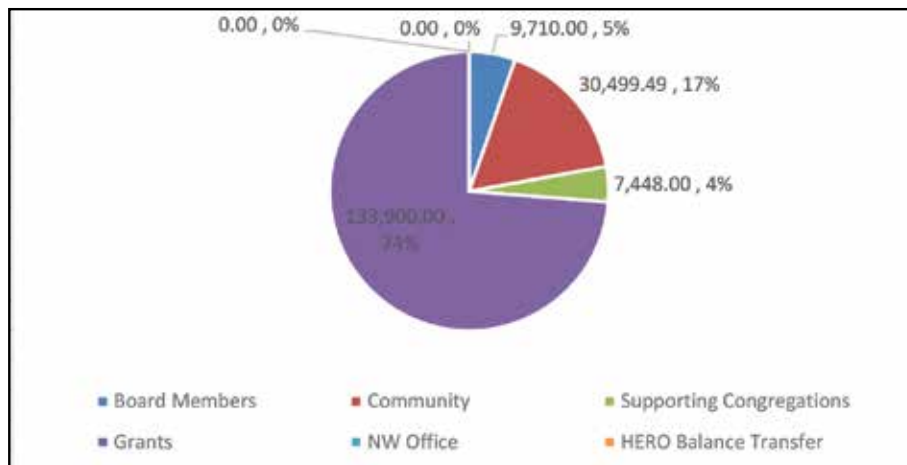
	Dec 20	Budget	Jan - Dec 20	YTD Budget	Annual Budget
Income					
Donations - Board Members	1,220.00	1,220.00	9,710.00	8,000.00	8,000.00
Donations - Care Receivers	1,610.00	605.00	3,210.00	2,500.00	2,500.00
Donations - Community Members	6,017.00	5,730.00	23,146.63	25,000.00	25,000.00
Donations - Memorials/ Honorm	1,000.00	0.00	2,040.00	0.00	0.00
Donations - Supporting Cnrgtn	500.00	500.00	7,448.00	7,500.00	7,500.00
Fundraisers	0.00	0.00	0.00	2,000.00	2,000.00
Grants - Exxon Mobil Team	0.00	1,000.00	0.00	3,500.00	3,500.00
Grants - Private Sector Support	24,900.00	26,000.00	133,900.00	141,550.00	141,550.00
HERO Balance Transfer	0.00	0.00	0.00	0.00	0.00
Interest/Other	475.30	500.00	2,102.86	2,000.00	2,000.00
Total Income	35,722.30	35,555.00	181,557.49	192,050.00	192,050.00
Expense					
Administrative Expense	186.53	100.00	1,522.20	1,200.00	1,200.00
Advertising & Promotions	85.00	1,000.00	4,231.75	6,000.00	6,000.00
Caregiver Assistance & Support	0.00	12.50	0.00	150.00	150.00
Carereceiver Assistance & Supp.	3,391.57	1,850.00	16,724.34	20,000.00	20,000.00
Computer Equipment & Support	781.01	900.00	12,961.58	11,000.00	11,000.00
Ed/Training/Certification	0.00	8.00	0.00	100.00	100.00
Fundraising	0.00	0.00	0.00	1,000.00	1,000.00
Insurance	0.00	0.00	3,675.00	3,800.00	3,800.00
Membership (TALA etc.)	14.06	0.00	523.12	500.00	500.00
Office Equipment & Support	920.00	0.00	1,670.00	500.00	500.00
Office Supplies	0.00	100.00	1,139.04	1,200.00	1,200.00
Other Specially Tracked [ST]	255.00	2,500.00	255.00	30,400.00	30,400.00
Payroll Expenses	7,670.05	8,375.00	92,244.84	100,500.00	100,500.00
Postage	240.00	350.00	1,563.18	3,000.00	3,000.00
Professional Fees	0.00	0.00	2,450.00	2,500.00	2,500.00
Staff Recognition-Ex Dir Resv	716.00	1,000.00	1,457.65	1,000.00	1,000.00
Telephone & Internet Access	419.66	433.33	3,468.03	5,200.00	5,200.00
VIC (Company) Payroll Taxes	0.00	0.00	0.00	0.00	0.00
Volunteer Rec & 25th Anniv	0.00	0.00	-750.00	4,000.00	4,000.00
Total Expense	14,678.88	16,628.83	143,135.73	192,050.00	192,050.00
Net Income	21,043.42	18,926.17	38,421.76	0.00	0.00

2020 Revenue | (\$181,557.49)

Revenue

Board Members	\$9,710.00
Community	\$30,499.49
Supporting Congregations	\$7,448.00
Grants	\$133,900
NW Office	\$0.00
HERO Balance Transfer	\$0.00

Revenue Total **\$181,557.49**

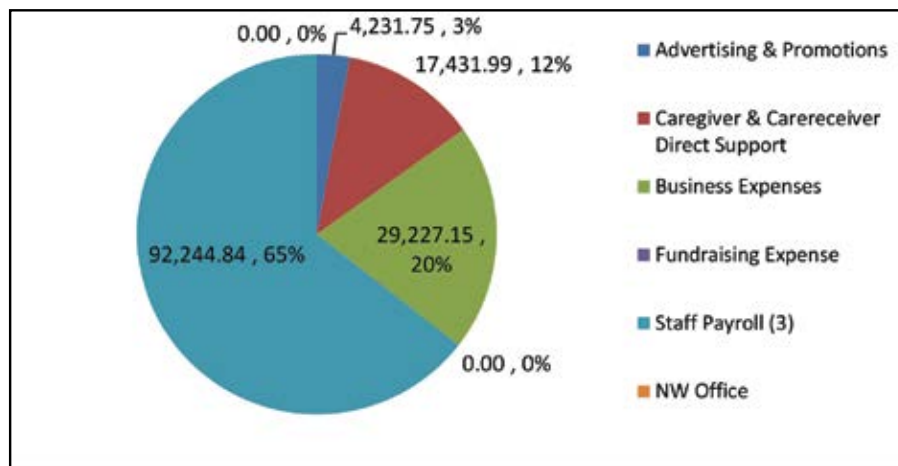


2020 Expense | (\$143,135.74)

Expense

Advertising and Promotions	\$4,231.75
Caregiver and Carereceiver Direct Support	\$115,159.36
Business Expenses	\$7,328.00
Fundraising Expenses	\$0.00
Administrative Staff Costs	\$16,416.63
NW Office	\$0.00

Expense Subtotal **\$143,135.74**



2020 VIC Gifts in Kind

Main Office

ChristChurch Presbyterian: Office Facilities	\$3,600.00
Conference/Meeting Room: ChristChurch Presbyterian	\$600.00
Volunteer Hours (\$7.25 x 3,521 hours)	\$25,527.25
Volunteer Mileage (\$0.14 x 22,484 miles)	\$3,147.76
Donated Operational Items (postage stamps, gift cards for care receiver assistance, etc.)	\$0
Grand Total	\$32,875.01

Note: The items in italics are reflected directly on the P&L as a) Office Facilities and b) Donated Operating Cost Items. The total amount shown on the P&L is \$3,600, shown with one revenue line item and two expense line items.

Senior Rides and More Donors

St. Albert of Trapani Catholic Church
St. Anne's Catholic Community
Madeleine Appel
Mary Ann Beachler Charitable Fund
Bethany Christian Church
Cameron Foundation
Chapelwood United Methodist Church Foundation
Clarewood Episcopalians
Sue and Keith Cox
Ms. Kathy Danforth
ExxonMobil Foundation
Aubrey and Sylvia Farb Foundation
The George Foundation
Albert and Ethel Herzstein Charitable Foundation
Melinda Hildebrand through the Greater Houston Community Foundation
Mr. Richard N. Kauth
Robert H. and Anita Q. Lawe Foundation
St. Laurence Catholic Church
Inge-Lotte and Willy Liesner/Tosca Farms
St. Martin's Episcopal Church
O'Connor & Associates/Pat and Kathleen O'Connor
Fred R. and Mabel L. Parks Foundation
St. Philip Presbyterian Central Mission Endowment Fund
St. Philip's United Methodist Church
Prosperity Bank – Bellaire
Adrianna and Arturo Rubio
Judy and Carl Sandlin
Shell Oil Foundation
May & Stanley Smith Charitable Trust
Dee and Pete Stanley
Strake Foundation
Mr. Jack Threet
Tomball Regional Health Foundation
Isla Carroll Turner Friendship Trust
Herman and Carol Vacca
Mrs. Rosemary Walker and David Walker
The Gil & Dody Weaver Foundation

Senior Rides and More Supporting Congregations

Bethany Christian Church
Chapelwood United Methodist Church
ChristChurch Presbyterian
Christ United Methodist Church
Congregation Emanu El
First Methodist Houston
First Methodist Houston Westchase
Gethsemane – A Ministry of St. Luke's United Methodist Church
Holy Ghost Catholic Church
Houston's First Baptist Church
Pilgrim Lutheran Church
St. Albert of Trapani Catholic Church
St. Francis de Sales Catholic Church
St. John Vianney Catholic Church
St. Laurence Catholic Church
St. Luke's United Methodist Church
St. Martin's Episcopal Church
St. Martin's Lutheran Church
St. Philip Presbyterian
St. Philip's United Methodist Church
St. Thomas More Catholic Church
St. Vincent de Paul Catholic Church
West University United Methodist Church
Jewish Family Services



Our Staff

Debby Posso | Executive Director

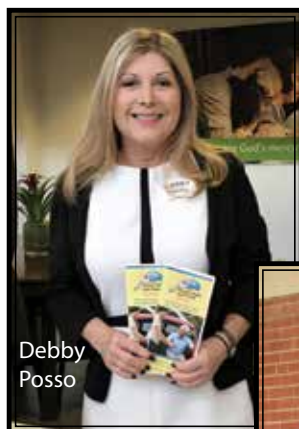
Debby joined Senior Rides and More in April 2007 as a part-time Scheduler and became Executive Director in November 2013. She is a graduate of The University of St. Thomas with a BA in Political Science. A sustaining member of The Junior League of Houston, Debby has been on the Houston Museum of Natural Science Volunteer Guild Board for 25 years and has volunteered with many Houston area non-profits. Debby has two awesome sons, a terrific nephew who is a part of her family, loves to travel, loves her job and is a huge sports fan.

Janie McBane | Scheduler

Janie started working at Senior Rides and more in July 2017. She came to Houston in 1980 via Oklahoma and began her career in Texas working in the Rice University Math Department. After spending 20 years at Rice University, Janie became a substitute teacher for Clear Creek ISD and Pearland ISD and went back to school to earn a degree in Fitness and Human Performance from the University of Houston - Clear Lake. Janie enjoys the outdoors and riding four-wheelers with her husband as well as spending time with her sisters and her mom. She also really loves her mom's good cooking!

Jim Odasz | Scheduler

Jim is an adopted Texan having lived in the Houston area for the past 25 years with his wife, Kate, of 25+ years. Jim's main recreational hobby and volunteerism is associated with the sport of baseball. He plays in the Houston Hardball League as part of the Houston Skeeters baseball club and for the past seven years has been an Assistant Coach for the St. John's School Mavericks baseball program and Head Coach for their Junior Varsity team.



Senior Rides and More 2020 Board of Directors

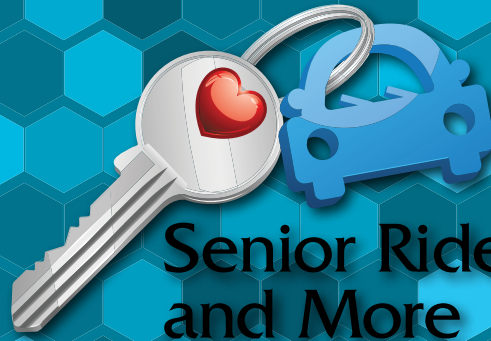


[Top Left to bottom right]:

John Heinemann, Adrianna Rubio, Annette Bisanz
Pete Hogue, Becky Landes, Bill Frazer
Lois O'Connor, Adam Heghinian, Janie Mitcham



Senior Rides
and More



Senior Rides and More

**Senior Rides and More assists the
frail and elderly with volunteer
transportation and other
services that help seniors remain
independent in their own homes.**

Senior Rides and More

5001 Bellaire Blvd., Bellaire, TX 77401

Phone (713) 772-8181

Email: info@SeniorRidesandMore.org

www.SeniorRidesandMore.org