



Senior Rides
and More

2018 Annual Report



YOU ARE THE KEY TO YOUR NEIGHBOR'S INDEPENDENCE.

PRESIDENT'S MESSAGE

Dear Friends:

I am honored to serve as the Board Chair for 2019. This year marks the 25th anniversary of Senior Rides & More (originally Volunteer Interfaith Caregivers). Over the 25-year history, the community has rallied around Senior Rides and More and enabled us to offer high quality services to seniors. Please accept my sincere thanks for all you do – for your prayers, your time, and your generous contributions over the years. You are essential to the work we do!

Stepping down from the Board Chair role after many years, Lois O'Conner, will continue to serve as a board member and will lead the grant writing efforts of the organization. I consider Lois a mentor, and I am looking forward to working with her and the rest of the Board to advance our mission to promote senior independent living, health, and safety by providing free transportation and other services.

Last year, we received more requests than ever for transportation services. Grounded in our faith and lifted-up by a coalition of congregations and the broader community, our board and staff team seek ways to streamline services. We remain steadfast in our efforts to be good stewards of our resources and meet the demand for services.

I am genuinely appreciative of your ongoing support. I ask that you continue to be an advocate for our senior neighbors, sharing with your friends and neighbors the good works of Senior Rides & More.

With gratitude,
Becky Landes, Board Chair



OUR MISSION

Senior Rides and More's mission is to promote senior independent living, health and safety by providing free transportation and other services. Because transportation is such a vital component of independent living and because over 90% of requests for service are for free transportation, our program has focused more and more on this area of service. Volunteers, using their own cars and gasoline, take seniors to doctors and clinics, to pick up prescriptions, to go grocery shopping or to food banks and to accomplish other transportation-dependent needs. Senior Rides and More is the only provider offering free senior transportation in our 31 zip-code southwest Houston service area and 11 zip-code northwest Houston service area.



ACCOMPLISHMENTS & HIGHLIGHTS IN 2018

In 2018, Senior Rides and More

Recruited and trained 19 of our 220 volunteers who

helped 352 seniors

performed 3,152 care giving events

drove 35,974 miles

and donated 4,372 hours of service

In 2018, Senior Rides and More

- Assisted seniors in 31 zip codes in southwest Houston
- Assisted seniors in 11 zip codes in northwest Houston
- Benefited from over \$47,671.66 of in-kind donations
- Had administrative costs of less than 15% of total budget
- Helped seniors at a cost of just \$20 per month, per person
- Donated 7,904 free cab miles and 694 cab and J-Ride trips to assist care receivers when a volunteer was not available

ACCOMPLISHMENTS & HIGHLIGHTS IN 2018

VALUES STATEMENTS. We included two important values statements in our Strategic Plan; one that all services would be performed at no cost to care receivers, and the other that volunteers will always be the primary means of assisting care receivers.

SENIOR HEALTH FAIR. We participated in a Senior Health Fair to acquaint seniors with the services available to them.

SHARING KNOWLEDGE. Our Executive Director traveled to San Antonio and Austin to share information with them about our senior transportation program.

ALTERNATIVE TRANSPORTATION. We supplemented the work of our wonderful volunteers with our Special Transportation Program, Harris County Rides and “J” Rides, and using taxicabs when a volunteer was not available.

GETTING THE WORD OUT. We published four quarterly newsletters in print and internet format, keeping volunteers, supporters and donors aware of our programs.

VOLUNTEER THANK YOU. We hosted a volunteer thank you dinner to honor our volunteers.

SOCIAL MEDIA. We updated our Facebook page and our website to widen our appeal to the larger community, and we activated our Twitter and Instagram accounts.

GIFT CARDS. We provided grocery store gift cards to care receivers in need.



OUR VOLUNTEERS

Volunteers are the heart and soul of our organization. The pictures on these pages tell the story.

It's easy to be a volunteer:

- YOU pick the assignments you can fill
- YOU are never obligated to fill more than one assignment
- YOU can volunteer as much or as little as your schedule permits
- YOU are protected by an umbrella insurance policy
- YOU can pick the type of service you wish to perform
- YOUR reward is the thanks of our care receivers who express their appreciation in comments such as these:

Carl is one of the best volunteers you have! He has helped me with my doctor's appointments, shopping, and has even fixed a leak in my house!

John is so helpful and so patient. I'm always happy to have him as my volunteer.

I am always glad to hear when Mike S. is my volunteer. He is so good at getting me to my appointments at the VA Hospital.

Peggy is a blessing to me and I look forward to her visit every week.

Hildegard, Carl and Pat C. are so nice! All of the Senior Rides volunteers are the best.

Our staff and our board join our care receivers in thanking you—our volunteers—from the bottom of our hearts. God's blessing on you.



SENIOR RIDES AND MORE HONORS ITS VOLUNTEERS

Senior Rides and More's amazing volunteers were honored at our annual Volunteer Recognition Dinner on May 6, 2018. Approximately 60 of our volunteers, Board members, Advisory Board members, and guests gathered at BraeBurn Country Club. Friendships were rekindled and stories were shared while enjoying delicious Bellini's and Hors d'oeuvres!



A VOLUNTEER'S STORY FROM THE HEART

Words of Wisdom from Donald L. Hoyt

I grew up as an only child in Rochester, NY. We were poor and moved frequently, all of which contributed to my developing as a shy, lonely kid without the social skills most teenagers need to help them mature. I was just 17 years old when Pearl Harbor precipitated our country into WWII. When I turned 18, and was a college freshman in Toronto, Canada, the U.S. Government requested my assistance. Most of you know what that meant!

In all honesty, it was during those war years in the military that I really “grew up”. There were occasions when death was suddenly close, and I was saved by an unusual circumstance. It was during this time when the conviction grew in my mind that I had a Purpose in life – I was a part of God’s Plan.

When the war ended, I had trouble finding a college that didn’t have a long waiting list of veterans from their own state. Luckily, Rice Institute in Houston accepted me and even gave me credit for my 1st year of college I spent in Canada. It was at Rice University on Dec. 8, 1946 that I met Mildred (Patty) McStravick. The mutual attraction was immediate. Just three months later we were engaged, and three months after that, the 19-year-old beauty became my wife. We had our first child, Mary, in Sept. 1948 before Patty graduated from Rice, and our seventh, Sarah, exactly 11 years later. To this day I am incredulous at being blessed with such caring, intelligent, loving children.

We had 70 great years together raising those wonderful kids, teaching them the principles that guided our lives; helping them adopt those principles into their lives, and best of all, watching those principles show up in our grandchildren and great-grandchildren:

- Be considerate of other people;
- Never intentionally hurt anyone;
- Embrace the Golden Rule.



Much of our lives went into the founding and development of a new Parish – St Francis De Sales Catholic Church. We served on many committees and ministries. Somewhere along those years I was introduced to the work of a volunteer organization called Volunteer Interfaith Caregivers-Southwest (now renamed Senior Rides and More). Their mission is to help the almost forgotten people: the elderly homebound who need temporary assistance to do everyday important tasks – get to doctor visits, get to the drug store for Prescriptions, or to the grocery store for food, etc.



Suddenly I sensed a relationship between this service and the feeling I had developed during the war years. Was this my Purpose in life? I signed up immediately and entered into the most fruitful, meaningful, satisfying years of my life. I wasn't just being part of a group helping someone else to do something beneficial; I myself was attending directly to an individual who really needed to be somewhere. It's a feeling you have to experience to understand.

The warm glow inside when you see someone's relief is hard to adequately describe. No worldly pay can match that.

The best part was the realization that I had found the answer to the Great Question that at some point in their life almost everyone ponders: Why am I here?

We are here to help others.

Senior Rides' Volunteer Honored by Houston Chronicle



Senior Rides and More volunteer, Laurel Murray, was honored in a full-page article in the Houston Chronicle's "Heroes of Harvey" series Thursday, July 26th. Laurel rescued a blind care receiver stranded by flooding at the George Brown Convention Center and brought her into her home for several months. The support of our friends and community is what makes these selfless acts of compassion by Senior Rides' volunteers possible. Thank you.

Linda Moores, left, lived with volunteer helper Laurel Murray for four months after the storm.

The following is the full article from the Houston Chronicle:

"Volunteer, worried about a friend with disabilities, takes her in"

The Saturday before Hurricane Harvey made landfall, Senior Rides and More volunteer Laurel

Murray gave one of her regulars, fellow Meyerland resident Linda Moores, a ride to JCPenney.

"There was a gap in the rain, so I picked Linda up and we went shopping," said Murray, a retired nurse. She would often drive Moores — who is blind and diabetic and has had kidney and pancreas transplants — to get groceries or to her doctor's appointments.

Murray, 71, slept through Sunday morning's storms, but Moores, 63, awoke to ankle-deep water rising beneath her. She grabbed her medications, a change of clothes, her white cane and left home for the last time.

When Murray woke up, she couldn't leave her block — but she was worried about Moores. "A neighbor with a pickup truck came over and said he could get to Kroger if he jumped on sidewalks." A long line of flooded residents had gathered at the Kroger on South Post Oak waiting to get on the

National Guard rescue vehicles. Murray walked along, asking if anyone had seen Linda. A woman had – Moores was headed to a shelter, she said.

Moores, too, had landed in a neighbor's pickup truck; but after water flooded the engine, they had to abandon it. A couple loaded her into a raft with their two children, and they swam toward the grocery store, pulling the raft.

"We got on a dump truck and went to the George R. Brown Convention Center," Moores said of the six-hour trek into downtown. "They ran out of food and water, and I got separated from my neighbors." Her medications and cane were misplaced at the shelter, too.

Murray was desperately searching for her friend. She contacted Moores' sister in Canada, who called her 24-year-old son in Houston. He went to the convention center and picked Moores up. By Tuesday, she was back in Meyerland at Murray's home — and that's where she stayed until December.

Murray salvaged what she could from Moore's flooded home. She helped her with insurance and FEMA paperwork.

Ultimately, Moores decided to move to an assisted living facility in North Carolina. "I tried to rebuild and gave up," Moores said of the house her parents built in 1952. "I lived there alone for four-and-a-half years."

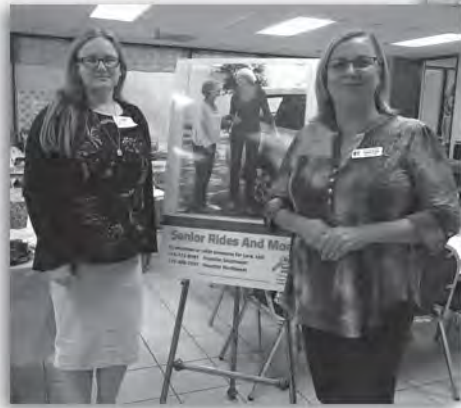
Murray misses her friend. "Linda had no family here and nowhere to go," Murray said. "But before Harvey, she lived in the house she grew up in with minimal help and got along just fine. She's a college grad and an intelligent woman with a wicked sense of humor."

By Amber Elliott, Thursday, July 26, 2018



Retired nurse Laurel Murray stands near Godwin Park where feet of water inundated Meyerland homes during Harvey. Murray helped her friend Linda, who lived across from the park and who is blind, after her home flooded.

NORTHWEST OFFICE OPEN HOUSE



HMNS HOLIDAY TREES EVENT



ROB LANDES CONCERT



OUR CARE RECEIVERS

Senior Rides and More's care receivers are frail and elderly people who want to remain in their own homes but need a little help.

Over 90% are both elderly and disabled

75% are women, most of who live alone with no nearby family

All have "aged out" of their ability to drive or take public transportation

Their average income is less than \$1,500 per month

Senior Rides can help them "Age in Place" by providing needed transportation to doctors and clinics, to go grocery shopping and to pick up prescriptions.

Senior Rides and More has been helping seniors "age in place" for 24 years as illustrated by the following examples:

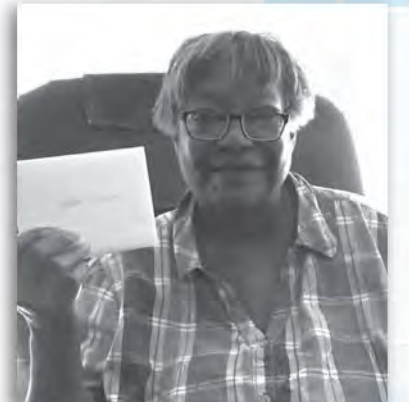
- *A 90 year old female care receiver who lives in a retirement home and is legally blind due to macular degeneration receives weekly assistance getting her groceries and help with errands thanks to our volunteers.*
- *A husband and wife, ages 91 and 89, are both Senior Rides and More care receivers. He has slight dementia and depends on his wife; she has vision problems that prevent her from driving. Our SRAM volunteers provide them with transportation together for their medical appointment.*



Gina Wasso



Jackie Little



Mable Williams



Maureen Burns

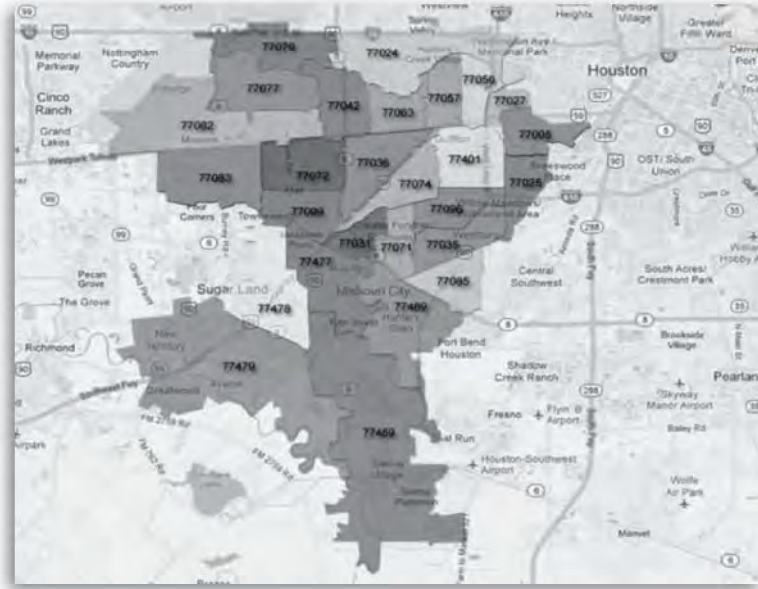


Vivian LeClair

SOUTHWEST HOUSTON AREA

31 ZIP CODES SERVED:

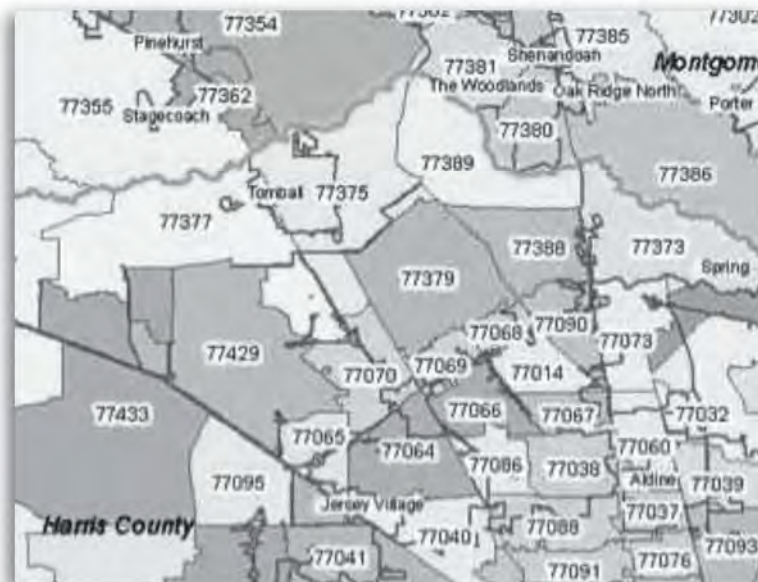
77005, 77024, 77025, 77027, 77031, 77035, 77036, 77042, 77046, 77056,
77057, 77063, 77071, 77072, 77074, 77077, 77079, 77081, 77082, 77083,
77085, 77096, 77098, 77099, 77401, 77477, 77478, 77479, 77459, 77489, 77498



NORTHWEST HOUSTON AREA

11 ZIP CODES SERVED:

77014, 77066, 77067, 77068, 77069, 77070, 77086, 77090, 77379, 77388, 77389



2018 SENIOR RIDES AND MORE BOARD OF DIRECTORS

100% of Board Members Contribute Financially

- | | |
|--|--|
| Lois O'Connor, Chair | (Retired, City of Houston) |
| Rebecca (Becky) Landes,
Vice-Chair; Chair-elect | (CEO, The Beacon) |
| Mary Jane Hess, Secretary | (Registered Nurse) |
| Peter Hogue, Treasurer | (Retired, Shell Oil Co.) |
| Vanessa Southard | (Administrator,
West Houston Hospital) |
| Annette Bisanz, R.N. | (Co-founder)
(Retired, MD Anderson Cancer Center) |
| Bill Frazer, CPA | (Certified Public Accountant) |
| Adrianna Rubio | (Instructor, Avid Technology) |
| Craig Wooten | (Vice-President, Prosperity Bank - Bellaire) |



SENIOR RIDES AND MORE ADVISORY BOARD

Dr. Bill Franklin

Retired, Medical Doctor

Virginia Lootens

Attorney at Law, Elder Law Specialist

Orlando Sanchez

Harris County Treasurer

Deanna Parmenter

CFO, Cougar Sales

Cindy Siegel

Past Mayor, City of Bellaire;
Board of Director Metropolitan
Transit Authority

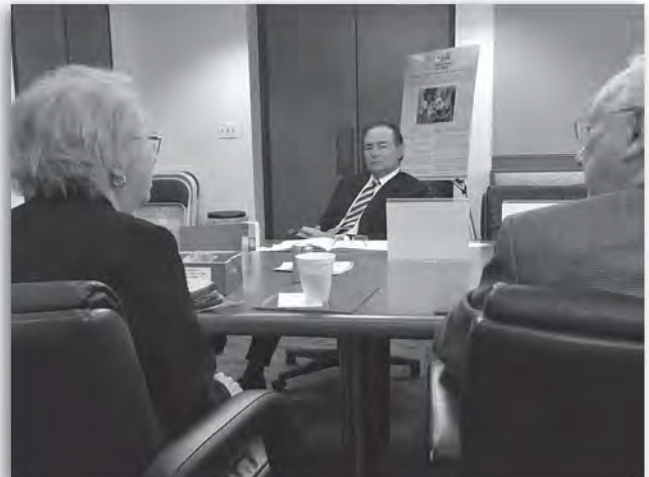
Inge-Lotte Liesner

Community Volunteer, The Buckingham

Vince Ryan

Harris County Attorney

SENIOR RIDES AND MORE ADVISORY BOARD MEETING October 25, 2018 at Prosperity Bank – Bellaire



Our Staff

Debby Posso, Executive Director

Debby joined Senior Rides and More in April 2007 as a part-time Scheduler, and became Executive Director in November 2013. She is a graduate of The University of St. Thomas with a BA in Political Science, a sustaining member of The Junior League of Houston, and has volunteered with many Houston area nonprofits including the Houston Museum of Natural Science. Debby has two awesome sons, a terrific nephew, loves to travel, loves her job, and is a huge sports fan.

Carleen McQueen, Scheduler

Carleen is a native of East Texas and has lived in southwest Houston for over forty years. She was employed in the natural gas industry for twenty years before joining Senior Rides and More in April 2008. Carleen has three children, five grandchildren, and is devoted to her herb garden.

Janie McBane, Scheduler

Janie started working at Senior Rides and More in July 2017. She came to Houston in 1980 via Oklahoma and began her career in Texas working in the Rice University Math Department. After spending 20 years at Rice, Janie became a substitute teacher for Clear Creek ISD and Pearland ISD and went back to school to earn a degree in Fitness and Human Performance from the University of Houston-Clear Lake. Janie enjoys the outdoors and riding four-wheelers with her husband, as well as spending time with her sisters and her mom. She also really loves her mom's good cooking!



**From Left to Right:
Carleen, Janie and
Debby**

Profit & Loss 2018

Volunteer Interfaith Caregivers SW DBA Senior Rides & More Profit & Loss Budget Performance December 2018

	Dec 18	Budget	Jan - Dec 18	YTD Budget	Annual Budget
Income					
Donations - Board Members	100.00	600.00	6,600.00	6,500.00	6,500.00
Donations - Care Receivers	882.00	350.00	3,184.00	2,500.00	2,500.00
Donations - Community Members	5,035.00	5,500.00	21,306.78	16,000.00	16,000.00
Donations - Memorials/ Honorrm	0.00	0.00	200.00	0.00	0.00
Donations - Supporting Cnrgn	1,750.00	500.00	9,465.00	7,500.00	7,500.00
Fundraisers	0.00	0.00	750.00	1,400.00	1,400.00
Grants - Exxon Mobil Team	2,000.00	0.00	3,000.00	1,500.00	1,500.00
Grants - Private Sector Support	16,900.00	3,700.00	127,700.00	79,200.00	79,200.00
Interest/Other	364.79	275.00	1,420.62	1,100.00	1,100.00
NW Office Program Revenue	0.00	0.00	335.00	0.00	0.00
Use from 1/1/18 NW Office CF \$	0.00	40,350.00	0.00	40,350.00	40,350.00
Use Main Office Carry Fwd [CF]	0.00	44,973.78	0.00	44,973.78	44,973.78
Total Income	27,031.79	96,248.78	173,961.40	201,023.78	201,023.78
Expense					
Administrative Expense	214.54	95.00	839.58	1,000.00	1,000.00
Advertising & Promotions	748.06	0.00	5,084.00	4,000.00	4,000.00
Caregiver Assistance & Support	0.00	15.00	17.70	200.00	200.00
Carereceiver Assistance & Supp.	1,089.85	1,730.47	13,389.34	20,430.47	20,430.47
Computer Equipment & Support	63.84	270.00	2,638.92	2,500.00	2,500.00
Ed/Training/Certification	0.00	0.00	0.00	100.00	100.00
Fundraising	0.00	0.00	158.08	700.00	700.00
Insurance	0.00	0.00	3,494.49	3,500.00	3,500.00
Membership (TALA etc.)	75.00	0.00	484.00	150.00	150.00
NW Office Program Expense	7,042.17	10,087.50	30,134.50	40,350.00	40,350.00
Office Equipment & Support	800.00	200.00	960.00	950.00	950.00
Office Supplies	56.28	130.00	836.15	1,200.00	1,200.00
Other Carry Forward Projects CF	910.86	2,028.60	10,223.67	24,343.31	24,343.31
Payroll Expenses	619.47	7,741.66	89,637.57	92,900.00	92,900.00
Postage	174.15	0.00	1,504.58	1,000.00	1,000.00
Professional Fees	0.00	0.00	2,250.00	2,300.00	2,300.00
Staff Recognition-Ex Dir Resv	569.56	900.00	624.51	900.00	900.00
Telephone & Internet Access	214.85	208.33	2,563.45	2,500.00	2,500.00
VIC (Company) Payroll Taxes	3,933.34	0.00	3,933.34	0.00	0.00
Volunteer Recognition	0.00	0.00	2,129.49	2,000.00	2,000.00
Total Expense	16,491.97	23,406.56	170,904.37	201,023.78	201,023.78
Net Income	10,539.82	72,842.22	3,057.03	0.00	0.00

Balance Sheet 2018

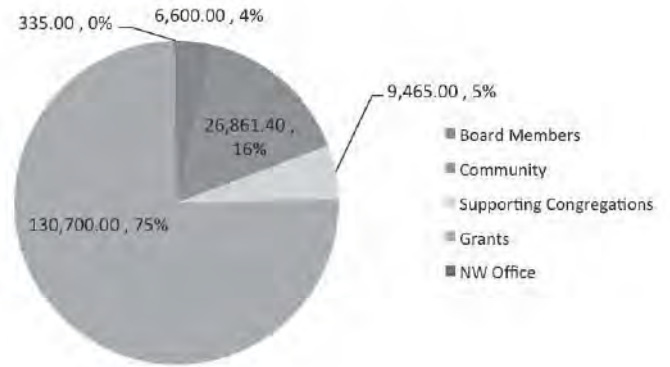
Volunteer Interfaith Caregivers SW DBA Senior Rides & More Balance Sheet 2018 As of December 31, 2018

	Dec 31, 18
ASSETS	
Current Assets	
Checking/Savings	
Bank of Texas-Checking	68,596.36
Bank of Texas-Money Mkt/CD	73,796.46
Prosperity Bank	72,502.23
Total Checking/Savings	214,895.07
Total Current Assets	214,895.07
Fixed Assets	
Accumulated Depreciation	10,480.97
VIC Fixed Assets	
Computers & Printers	7,510.00
Furniture	405.00
Office Equipment	2,565.97
Total VIC Fixed Assets	10,480.97
Total Fixed Assets	0.00
TOTAL ASSETS	214,895.07
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
Accounts Payable	19.43
Total Accounts Payable	19.43
Total Current Liabilities	19.43
Total Liabilities	19.43
Equity	
Net Assets - Temp. Restricted	39,463.59
Net Assets - Unrestricted	101,656.02
Net Assets - Unrestricted (Des)	70,500.00
Net Income	3,057.03
Total Equity	214,875.64
TOTAL LIABILITIES & EQUITY	214,895.07

2018 REVENUE [\$173,961.40]

REVENUE

Board Members	\$6,600.00
Community	\$26,861.40
Supporting Congregations	\$9,465.00
Grants	\$130,700.00
NW Office	\$335.00
Revenue Total	\$173,961.40



2018 EXPENSE [\$170,904.37]

EXPENSE

Advertising & Promotions	\$5,084.00
Caregiver & Carereceiver Direct Support	\$112,939.72
Business Expenses	\$7,246.94
Fundraising Expense	\$159.08
Administrative Staff Costs	\$15,340.13
NW Office	\$30,134.50
Expense Sub-total	\$170,904.37



2018 GIFTS IN KIND

MAIN OFFICE

ChristChurch Presbyterian: Office Facilities	\$3,600.00
Conference/Meeting Room:	\$600.00
ChristChurch Presbyterian	
Volunteer Hours:	\$24,892.87
\$7.25 x 3,433.5 hrs	
Volunteer Mileage:	\$3,870.54
.14 cents x 27,646.7 miles	
Donated Operational Items:	\$875.75
Postage stamps; Gift cards for care receiver assistance; etc.	
SUB-TOTAL:	\$33,839.16

NW OFFICE

Northwest Area Ministries [NAM]: Office Facilities	\$ 5,867.00
Volunteer Hours:	\$ 6,799.78
\$7.25 x 937.9 hrs	
Volunteer Mileage:	\$1,165.72
.14 cents x 8,326.6 miles	
SUB-TOTAL:	\$13,832.50

COMBINED OFFICES GRAND TOTAL: **\$47,671.66**

Note: The three items in italics are reflected directly on the P&L as a) Office Facilities and b) Donated Operating Cost Items. The total amount shown on the P&L is \$10,342.75, shown with one revenue line item and two expense line items (not split by office as on this report).

SENIOR RIDES AND MORE DONORS

Carl C. and Marie Jo Anderson
Charitable Foundation

St. Albert of Trapani Catholic
Church

Saint Anne Catholic Community

Baxter Trust

Mary Ann Beachler Charitable
Trust

Bethany Christian Church

Brown Foundation

Cameron Foundation

Chapelwood United Methodist
Church Foundation

Mark Chapman Foundation

Sue and Keith Cox

Christ Church Presbyterian

Katherine Danforth

Dominance Apparel / Lloyd Parks

ExxonMobil

Aubrey and Sylvia Farb
Foundation

The George Foundation

Albert and Ethel Herzstein
Charitable Foundation

Hildebrand Foundation

Home Instead Give65

Houston Area Continuity of Care

Houston Endowment

Richard N. Kauth

Robert H. and Anita Q. Lawe
Foundation

St. Laurence Catholic Church

Inge-Lotte and Willy Liesner/
Tosca Farms

St. Luke's United Methodist
Church

St. Martin's Episcopal Church

O'Connor & Associates/Pat and
Kathleen O'Connor

Parks Foundation

Prosperity Bank - Bellaire

Shell Oil

May & Stanley Smith Charitable
Trust

Dee and Pete Stanley

Strake Foundation

Tomball Regional Health
Foundation

Isla Carroll Turner Friendship
Trust



SENIOR RIDES AND MORE SUPPORTING CONGREGATIONS

Bethany Christian Church

Chapelwood United Methodist Church

ChristChurch Presbyterian

Christ United Methodist Church

Congregation Emanu El

First Methodist Houston

First Methodist Houston Westchase

Gethsemane – A Ministry of St. Luke's United Methodist Church

Holy Ghost Catholic Church

Houston's First Baptist Church

Pilgrim Lutheran Church

St. Albert of Trapani Catholic Church

St. Francis de Sales Catholic Church

St. John Vianney Catholic Church

St. Laurence Catholic Church

St. Luke's United Methodist Church

St. Martin's Episcopal Church

St. Martin's Lutheran Church

St. Thomas More Catholic Church

St. Vincent de Paul Catholic Church

St. Philip Presbyterian Church

Jewish Family Services



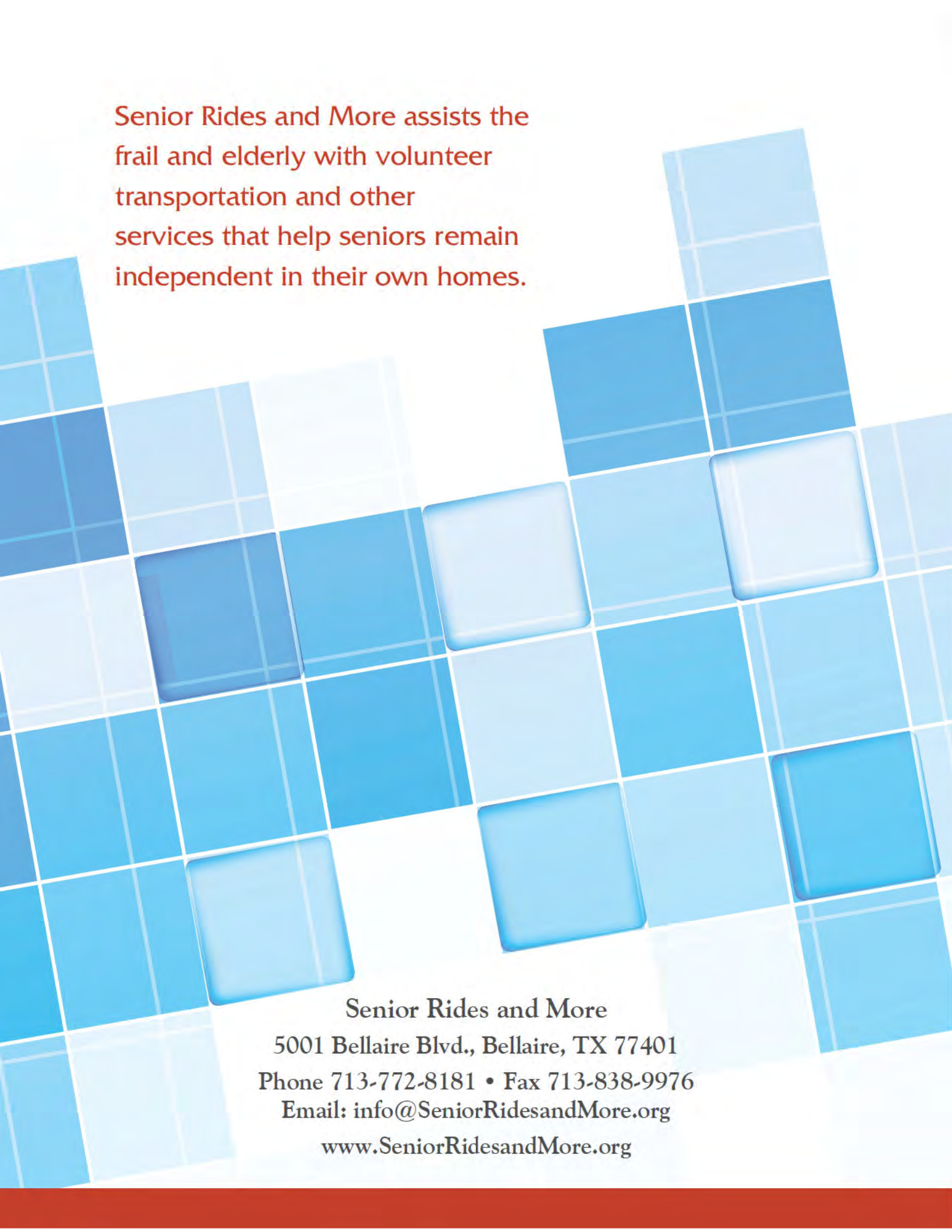
SENIOR RIDES AND MORE 2018 BOARD OF DIRECTORS



L-R Becky Landes, Bill Frazer, Annette Bisanz, Adrianna Rubio, Craig Wooten,
Adam Heghinian, Lois O'Connor

Not pictured: Pete Hogue, Janie Mitcham, Vanessa Southard





Senior Rides and More assists the frail and elderly with volunteer transportation and other services that help seniors remain independent in their own homes.

Senior Rides and More
5001 Bellaire Blvd., Bellaire, TX 77401
Phone 713-772-8181 • Fax 713-838-9976
Email: info@SeniorRidesandMore.org
www.SeniorRidesandMore.org