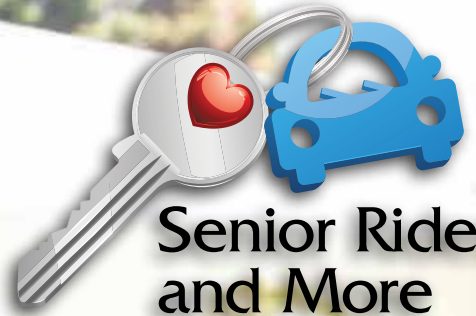


2016 Annual Report



Senior Rides
and More



You are the key to your neighbor's independence.

Looking To The Future

Why is Senior Rides and More so important to our care receivers? This profile of our care receivers helps explain it:

Our care receivers are all over 60 years of age and most are much older.

Their average monthly income is less than \$1,500. Most live alone with no nearby family.

Many times, even if family is close by, they are working and so busy with their own lives that they feel unable to take a senior grocery shopping or to the doctor.

They have all lost their ability to drive, some because of physical inability and some because it's too expensive to maintain a car. AARP reports that most people outlive their ability to drive – men by 6 years and women by 10 years.

About 75% are women. The Women's Resource reports that 5 of 7 women will live alone after the age of 65.

They want to remain in their own homes. AARP studies show that 9 of 10 seniors – even those with serious disabilities – want to stay at home rather than accept congregate living.

They want to be a part of the larger community. The National Center on Senior Transportation finds that transportation is critical to ensuring that older adults maintain their independence and remain connected to their communities.

Many have tried MetroLift and have found it just doesn't work for them. MetroLift means several hours on an uncomfortable bus, waiting while others are taken to their appointments, the uncertainty of when the bus will arrive to get them back home and the constant fear that the bus driver might forget them.

Senior Rides and More has always been a stable option to our seniors who need and use our services. With this as our focus, we are making great strides toward growth while maintaining our solid core and commitment to excellence.

2016 was a year of updates and progress. Thanks to a generous grant, we have been able to update our computer software, create our new Website (SeniorRidesandMore.org), and begin our foray into social media ([Facebook.com/SeniorRidesandMore](https://www.facebook.com/SeniorRidesandMore); [Instragram.com/SeniorRidesHouston](https://www.instagram.com/SeniorRidesHouston); [Twitter.com/SRAMHouston](https://twitter.com/SRAMHouston)). Senior Rides and More worked with Dorothy Gurka to create our electronic newsletter, and she gave our printed version a fresh new design. Also in 2016, Senior Rides and More and its founder Annette Bisanz were honored by TexanPlus Insurance as one of only five selected "TexanPlus Champions." This honor came with a grant of \$2,500 and recognition in front of 28,000 people at a Houston Astro's baseball game. Senior Rides and More was the featured nonprofit during the month of October by Comcast Newsmakers; and we celebrated the holiday season by giving Holiday Gift Bags to twenty of our care receivers generously underwritten by the Bellaire Rotary Club. Many of our care receivers were also surprised this past Christmas with Wal-Mart gift cards donated by Dominance Apparel, Inc. The holiday season was made even brighter with the generous support of the residents at The Buckingham who donated over \$1,100 in gift cards to our care receivers in December.

On behalf of Senior Rides' seniors, I want to thank our wonderful volunteers, our caring staff, our committed board members and those in the larger community who support our organization and our mission. You all have our heartfelt gratitude.

LOIS O'CONNOR
Chair, Board of Directors



Our Mission

Senior Rides and More's mission is to promote senior independent living, health and safety by providing free transportation and other services. Because transportation is such a vital component of independent living and because over 90% of requests for service are for free transportation, our program has focused more and more on this area of service. Volunteers, using their own cars and gasoline, take seniors to doctors and clinics, to pick up prescriptions, to go grocery shopping or to food banks and to accomplish other transportation-dependent needs. Senior Rides and More is the only provider offering free senior transportation in our 31 zip-code southwest Houston service area and 11 zip-code northwest Houston service area.



Accomplishments

Senior Rides and More 2016

In 2016, Senior Rides and More

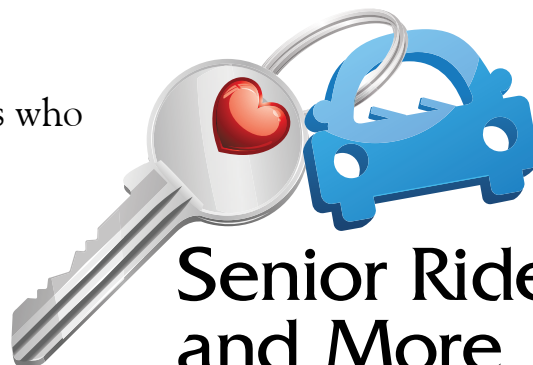
Recruited and trained 33 of our 197 volunteers who

helped 550 seniors

performed 3,022 care giving events

drove 38,421 miles

and donated 4,759 hours of service



Senior Rides and More

In 2016, Senior Rides and More

- ♥ Assisted seniors in 31 zip codes in southwest Houston
- ♥ Assisted seniors in 11 zip codes in northwest Houston
- ♥ Benefitted from over \$53,378 of in-kind donations
- ♥ Had administrative costs of less than 15% of total budget
- ♥ Helped seniors at a cost of just \$20 per month, per person
- ♥ Donated 5,961 free cab miles and 378 cab trips to assist care receivers when a volunteer was not available



SENIOR RIDES AND MORE Honors Its Volunteers

Senior Rides and More's amazing volunteers were honored at our annual Volunteer Recognition Dinner on April 26th. Approximately 50 of our volunteers, Board members, Advisory Board members, and guests gathered in The People Place in the Sanctuary of Christ Church Presbyterian to enjoy good friendship, fun entertainment, and delicious food.

To celebrate the western theme, the People Place was decorated with an abundance of colorful bandanas, cowboy hats, and fun photos courtesy of Senior Rides and More Board Member and fellow volunteer, Annette Bisanz. Volunteers and guests dined on a delicious dinner by Chuck Johnson Catering, and were entertained by talented guitarist Tim Parkinson.

In recognition of her exceptional service hours in 2015, Senior Ride's Volunteer of the Year was Mary Cantu, who donated 258 service hours and drove over 1,578 miles on behalf of Senior Rides and More! Mary assisted some of our eldest care receivers during their time of greatest need, and would go out of her way to call and check on them on a regular basis. She even treated them out to lunch when she could!

Senior Rides and More give special thanks to ChristChurch Presbyterian for their continued support of our services.



Our Volunteers

Volunteers are the heart and soul of our organization. The pictures on these pages tell the story.

It's easy to be a volunteer:

YOU pick the assignments you can fill

YOU are never obligated to fill more than one assignment

YOU can volunteer as much or as little as your schedule permits

YOU are protected by an umbrella insurance policy

YOU can pick the type of service you wish to perform

YOUR reward is the thanks of our care receivers who express their appreciation in comments such as these:

- *Carl is such a gentleman, and so helpful when he takes me shopping.*
- *Laurel is a blessing to me. I can always count on her help when she takes me to my medical appointments.*
- *Gus is patient and kind and has great stories. I wish he were always my volunteer!*
- *Elizabeth is not only a volunteer, she has become a friend that I can count on.*
- *S--- is wonderful and so helpful. She helps me shop and takes me on my errands. I always enjoy visiting with her.*

Our staff and our board join our care receivers in thanking you – our volunteers – from the bottom of our hearts. God's blessing on you.



Rob Landes Benefit Concert 2016



Houston Museum of Natural Science Holiday Trees Event



Our Care Receivers

Senior Rides and More's care receivers are frail and elderly people who live in both southwest and northwest Houston.

Over 90% are both elderly and disabled

75% are women, most of whom live alone with no nearby family

Their median income is only \$1,094 per month

Between 1994 and 2016, Senior Rides and More volunteers helped over 500 seniors on a regular basis.

Senior Rides and More has been helping seniors "age in place" for 21 years as illustrated by the following examples:

A 90 year old female care receiver who lives in a retirement home and is legally blind due to macular degeneration receives weekly assistance getting her groceries and help with errands thanks to our volunteers.

A husband and wife, ages 91 and 89, are both Senior Rides and More care receivers. He has slight dementia and depends on his wife; she has vision problems that prevent her from driving. Our SRAM volunteers provide them with transportation together for their medical appointment.



Southwest Houston Area

31 ZIP CODES SERVED:

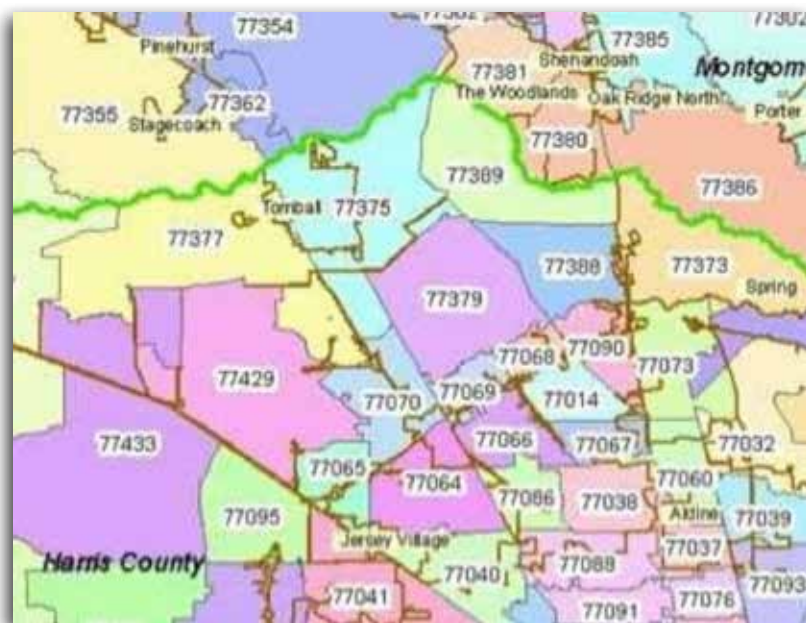
77005, 77024, 77025, 77027, 77031, 77035, 77036, 77042, 77046, 77056,
77057, 77063, 77071, 77072, 77074, 77077, 77079, 77081, 77082, 77083,
77085, 77096, 77098, 77099, 77401, 77477, 77478, 77479, 77459, 77489, 77498



Northwest Houston Area

11 ZIP CODES SERVED:

77014, 77066, 77067, 77068, 77069, 77070, 77086, 77090, 77379, 77388, 77389



2016 SENIOR RIDES AND MORE Board of Directors

100% of Board Members Contribute Financially

Lois O'Connor, Chair	Retired, City of Houston
Vanessa Southard, Vice-Chair	Hospital Administrator
Peter Hogue, Treasurer	Retired, Shell Oil Co.
Mary Jane Hess, R.N., Secretary	Registered Nurse
Annette Bisanz, R.N. (Co-founder)	Retired, MD Anderson Cancer Center
Bill Frazer, CPA	Certified Public Accountant
Adrianna Rubio	Self-employed, Television Producer
Craig Wooten	Vice President, Prosperity Bank (Bellaire)
Madeleine Appel	Chair, Founders Committee, N4NN Houston
Rebecca Landes	CEO, The Beacon



SENIOR RIDES AND MORE 2016 Board of Directors



L-R: Lois O'Connor, Craig Wooten, Becky Landes, Pete Hogue, Annette Bisanz, Bill Frazer, Mary Jane Hess

Not pictured: Madeleine Appel, Adrianna Rubio, Vanessa Southard



2015-16 SENIOR RIDES AND MORE Advisory Board

Dr. Bill Franklin

Retired, Medical Doctor

Virginia Lootens

Attorney at Law, Elder Law Specialist

Orlando Sanchez

Harris County Treasurer

Joe Welsh

Former SRAM Exec. Director

Deanna Parmenter

CFO, Cougar Sales

Cindy Siegel

Past Mayor, City of Bellaire; Board of Directors
Metropolitan Transit Authority

Inge-Lotte Liesner

Community Volunteer, The Buckingham



Our Staff

Debby Posso, Executive Director

Debby joined Senior Rides and More in April 2007 as a part-time Scheduler, and became Executive Director in November 2013. She is a graduate of The University of St. Thomas with a BA in Political Science, a sustaining member of The Junior League of Houston, and has volunteered with many Houston area nonprofits. Debby has two awesome sons, and is a huge sports fan.

Carleen McQueen, Scheduler

Carleen is a native of East Texas and has lived in southwest Houston for over forty years. She was employed in the natural gas industry for twenty years before joining Senior Rides and More in April 2008. Carleen has three children, five grandchildren, and is devoted to her herb garden.

Sara Keene, Scheduler

Sara is a native Houstonian. She is a graduate of Alvin Community College and a current student at the University of Houston. Sara enjoys camping, traveling, and going on adventures with her two dogs. She is dependent on coffee and excited to help Senior Rides and More grow.

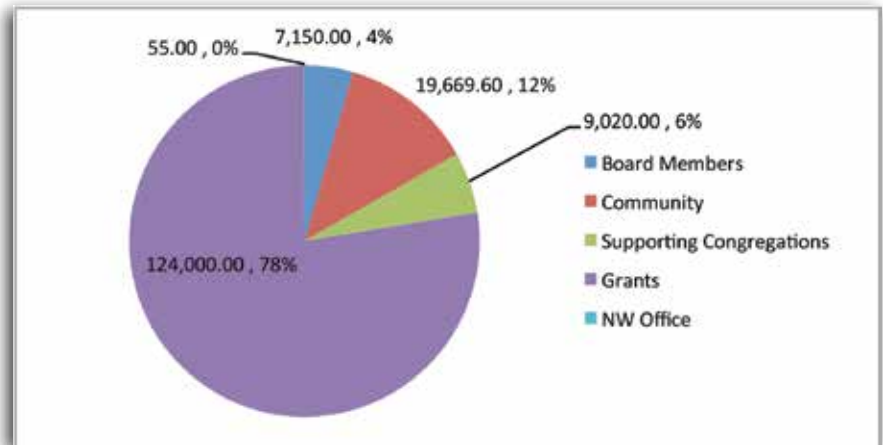
Geneva Gentry, Northwest Program Manager

Geneva has an Associate Degree in Elementary Education from Houston Community College, and was employed with Memorial Hermann Hospital for 25 years before retiring. Instead of taking it easy in retirement, Geneva worked part-time for Northwest Assistance Ministries before coming to work for Senior Rides and More. A devout member and licensed Missionary at North Main Church of God in Christ, Geneva is a member of the Women's Choir, serves on the Usher Board, and is an Assistant Sunday School Teacher. Spending time with family is important to Geneva. She has one daughter and two grandsons who are the loves of her life. When time permits, she enjoys reading, traveling, singing in the church choir, and volunteering.



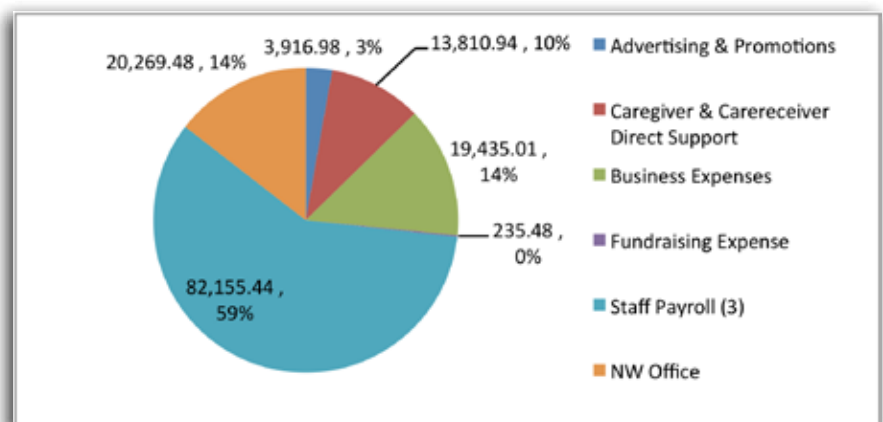
REVENUE

Board Members	7,150.00
Community	19,669.60
Supporting Congregations	9,020.00
Grants	124,000.00
NW Office	55.00
Revenue Total	159,894.60



EXPENSE

Advertising & Promotions	3,916.98
Caregiver & Carereceiver Direct Support	13,810.94
Business Expenses	19,435.01
Fundraising Expense	235.48
Staff Payroll (3)	82,155.44
NW Office	20,269.48
Expense Sub-total	139,823.33



VOLUNTEER INTERFAITH CAREGIVERS-SW (VIC-SW)

Balance Sheet

As of December 31, 2016

	Dec 31, 16
ASSETS	
Current Assets	
Checking/Savings	
Bank of Texas-Checking	101,060.87
Bank of Texas-Money Mkt./CD	72,648.54
Prosperity Bank	71,068.42
Total Checking/Savings	244,777.83
Total Current Assets	244,777.83
Fixed Assets	
Accumulated Depreciation	-10,480.97
VIC Fixed Assets	
Computers & Printers	7,510.00
Furniture	405.00
Office Equipment	2,565.97
Total VIC Fixed Assets	10,480.97
Total Fixed Assets	0.00
TOTAL ASSETS	244,777.83
LIABILITIES & EQUITY	
Equity	
Net Assets - Temp. Restricted	35,401.36
Net Assets - Unrestricted	119,305.20
Net Assets - Unrestricted (Des)	70,000.00
Net Income	20,071.27
Total Equity	244,777.83
TOTAL LIABILITIES & EQUITY	244,777.83

VOLUNTEER INTERFAITH CAREGIVERS-SW (VIC-SW)

Profit & Loss Budget Performance

December 2016

	Dec 16	Budget	Jan - Dec 16	YTD Budget	Annual Budget
Income					
Donations - Board Members	1,350.00	2,000.00	7,150.00	8,000.00	8,000.00
Donations - Care Receivers	305.00	195.00	1,675.00	1,500.00	1,500.00
Donations - Community Members	4,361.00	2,500.00	15,549.29	13,000.00	13,000.00
Donations - In Kind	10,861.08	0.00	11,118.62	0.00	0.00
Donations - Memorials/ Honorrm	50.00	0.00	200.00	0.00	0.00
Donations - Supporting Cngrtn	2,000.00	1,500.00	9,020.00	10,000.00	10,000.00
Fundraisers	0.00	0.00	1,320.00	1,500.00	1,500.00
Grants - Exxon Mobil Team	0.00	0.00	1,500.00	1,000.00	1,000.00
Grants - Private Sector Support	8,000.00	22,000.00	122,500.00	72,100.00	72,100.00
Interest/Other	259.13	125.00	925.31	500.00	500.00
NW Office Program Revenue	0.00	833.34	55.00	10,000.00	10,000.00
Use from 1/1/16 CF Funds	0.00	2,505.86	0.00	30,070.24	30,070.24
Use from 1/1/16 NW Office CF \$	0.00	2,516.09	0.00	30,193.16	30,193.16
use from 1/1/16 On Hand \$	0.00	2,916.66	0.00	35,000.00	35,000.00
Total Income	27,186.21	37,091.95	171,013.22	212,863.40	212,863.40
Expense					
Administrative Expense	193.50	80.00	944.23	1,000.00	1,000.00
Advertising & Promotions	394.01	0.00	3,916.98	3,600.00	3,600.00
Caregiver Assistance & Support	0.00	14.87	122.50	234.87	234.87
Carereceiver Assistance & Supp.	1,297.47	2,495.47	10,531.06	22,995.47	22,995.47
Computer Equipment & Support	-271.25	166.66	1,799.92	2,000.00	2,000.00
Donated Operating Cost Items	1,394.08	0.00	1,651.62	0.00	0.00
Ed/Training/Certification	0.00	0.00	0.00	100.00	100.00
Fundraising	0.00	0.00	235.48	700.00	700.00
Insurance	0.00	0.00	3,317.00	3,500.00	3,500.00
Membership (TALA etc.)	0.00	0.00	0.00	100.00	100.00
NW Office Program Expense	7,165.44	3,316.66	20,269.48	39,800.00	39,800.00
Office Equipment & Support	0.00	0.00	944.99	900.00	900.00
Office Facilities	9,467.00	0.00	9,467.00	0.00	0.00
Office Supplies	53.17	83.34	818.99	1,000.00	1,000.00
Other Carry Forward Projects CF	3,502.06	570.00	3,502.06	6,839.90	6,839.90
Payroll Expenses	-4,585.90	7,166.66	76,329.92	86,000.00	86,000.00
Postage	102.31	125.00	1,308.34	1,500.00	1,500.00
Professional Fees	950.00	0.00	2,150.00	2,000.00	2,000.00
Recognition - Ex. Dir. Reserve	778.77	625.00	833.72	700.00	700.00
Special Projects	-716.50	2,750.00	2,297.56	35,000.00	35,000.00
Telephone & Internet Access	200.83	250.00	2,351.92	3,000.00	3,000.00
VIC (Company) Payroll Taxes	5,825.52	0.00	5,825.52	0.00	0.00
VIC Depreciation Expense	0.00	0.00	0.00	0.00	0.00
Volunteer Recognition Banquet	0.00	0.00	2,323.66	1,500.00	1,500.00
Total Expense	25,750.51	17,643.66	150,941.95	212,470.24	212,470.24
Net Income	1,435.70	19,448.29	20,071.27	393.16	393.16



SENIOR RIDES AND MORE Donors

Carl C. and Marie Jo Anderson Charitable Foundation
Bellaire-Southwest Houston Rotary Club
Brown Foundation
The Buckingham Houston
Cameron Foundation
Chapelwood United Methodist Church Foundation
Sue and Keith Cox
Dominance Apparel, Inc.
ExxonMobil
Aubrey and Sylvia Farb Foundation
The George Foundation
Albert and Ethel Herzstein Charitable Foundation
Hildebrand Foundation
Houston Endowment
Richard N. Kauth
Robert H. and Anita Q. Lawe Foundation
Inge-Lotte and Willy Liesner/Tosca Farms
St. Martin's Episcopal Church
O'Connor & Associates/Pat and Kathleen O'Connor
Fred R. and Mabel L. Parks Foundation
Raborn L. Reader, Jr.
Shell Oil
May & Stanley Smith Charitable Trust
Dee and Pete Stanley
The Stewart Foundation
Richard R. and Celia Stewart
Strake Foundation
TexanPlus
Isla Carroll Turner Friendship Trust
St. John Vianney Catholic Church
West University United Methodist Church



SENIOR RIDES AND MORE Supporting Congregations

Bethany Christian Church
Chapelwood United Methodist Church
ChristChurch Presbyterian
Christ United Methodist Church
Congregation Emanu El
First Methodist Houston
First Methodist Houston Westchase
Gethsemane – A Ministry of St. Luke’s United Methodist Church
Holy Ghost Catholic Church
Houston’s First Baptist Church
Pilgrim Lutheran Church
St. Albert of Trapani Catholic Church
St. Francis de Sales Catholic Church
St. John Vianney Catholic Church
St. Laurence Catholic Church
St. Luke’s United Methodist Church
St. Martin’s Episcopal Church
St. Martin’s Lutheran Church
St. Philip Presbyterian Church
St. Thomas More Catholic Church
St. Vincent de Paul Catholic Church
West University United Methodist Church
Jewish Family Services



2016 SENIOR RIDES AND MORE Gifts In Kind

MAIN OFFICE

ChristChurch Presbyterian: Office Facilities

(based on 2015 compilation)

Volunteer Recognition Gift Certificates: \$ 1,875.00

(Auntie Pasto's, Beck's Prime, Corner Bakery Café,

The Devine Affair, Edloe Street Café,

The Egg and I – Meyerland, The Egg and I – Memorial,

Grand Lux Café, Houston Ballet, Houston Symphony,

Jax Grill, Jerry Built Burgers, Madeleine Appel,

Magpie's Gifts, Moderno, Palazzo's Trattoria, Debra Poon,

Reginelli's Pizzeria, SmashBurger, Starbucks;

Taste of Texas Restaurant)

Volunteer Recognition Church Hall Rental: \$ 400.00

ChristChurch Presbyterian

Conference/Meeting Room: \$ 400.00

ChristChurch Presbyterian

Rob Landes (benefit concert performance): \$ 750.00

Concert Hall Rental (Rob Landes performance): \$ 600.00

Chapelwood United Methodist Church

Volunteer Hours: \$29,852.60

\$7.25 x 3,952.20 hrs

Volunteer Mileage: \$ 4,463.51

.14 cents x 27,759.20 miles

Donated Operational Items: \$ 1,651.62

Postage stamps; Food and Beverages for holiday fundraiser;

Gift cards for care receiver assistance

SUB-TOTAL: \$43,592.73



NW OFFICE

Northwest Area Ministries [NAM]: Office Facilities	\$ 5,867.00
Volunteer Hours:	\$ 4,654.50
\$7.25 x 642 hrs	
Volunteer Mileage:	\$ 915.53
.14 cents x 6,539.50 miles	
SUB-TOTAL:	\$11,437.03

COMBINED OFFICES GRAND TOTAL: **\$55,029.76**

Note: The two items in italics are the only ones reflected directly on the P&L as Office Facilities donations [in addition to Donated Operating Cost Items]



Senior Rides and More assists the frail and elderly with volunteer transportation and other services that help seniors remain independent in their own homes.

Senior Rides and More

5001 Bellaire Blvd., Bellaire, TX 77401

Phone 713-772-8181

Fax 713-838-9976

Email: info@SeniorRidesandMore.org

www.SeniorRidesandMore.org